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[Scopus h-index: 20/Google Scholar citations: 2740]

D.O.B. 10 June 1983 (Nicosia – Cyprus)

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Research Interests

Health psychology and behavioral medicine applied in public health: psycho-oncology, health-related quality of life, digital health interventions, health behavior change, vaccination hesitancy, social contagion, diagnostic delays, palliative care, patient-report outcomes, ecological momentary assessment.

Table of Contents

1. EDUCATION	2
1. WORK EXPERIENCE (ACADEMIC)	2
2. CLINICAL AND OTHER EXPERIENCE	7
3. CONSULTANCY TEMPORARY POSITIONS	8
4. INTERNATIONAL AND NATIONAL COMMITTEES AND PANELS	8
5. ACCREDITATION	9
6. FUNDING AWARDS (GRANTS)	10
7. PRIZES/FELLOWSHIPS (PERSONAL)	20
8. AWARDS.....	21
9. GRANT REVIEWER	21
10. PUBLICATIONS.....	22
11. EDITORIAL DUTIES *	32
12. EVENT/CONFERENCE ORGANIZATION AND CHAIRING	33
13. INVITED TALKS, PRESENTATIONS, AND TRAINING	34
14. CONTRIBUTION TO CONFERENCES.....	37
15. PHD THESES EXAMINATION.....	42

16.	ENTREPRENEURIAL ACTIVITIES	43
17.	EXTERNAL ENGAGEMENT / APPEARANCES ON MEDIA	43
18.	ACADEMIC SUPERVISION	45
19.	MEMBERSHIP OF SOCIETIES	50
20.	CONTINUOUS PROFESSIONAL DEVELOPMENT	50
21.	LANGUAGES	53
22.	OTHER SKILLS	53

1. Education

Jul 2015	Post Graduate Certificate in Health Psychology Practice , University of Surrey, Guildford, UK (<i>supervisor: Dr Victoria Senior</i>) <i>Modules:</i> Preparing to Teach, Research in Organizational Settings, Ethics and Professional Competence. Portfolio of practice submitted and evaluated.
Feb 2014	PhD in Health Psychology , University of Surrey, Guildford, UK <i>Thesis:</i> Understanding life-style related psychological processes after prostate cancer diagnosis (main supervisor: Dr Monique Raats). ¹
Oct 2008	Master of Science (MSc) in Health Psychology (with Merit), University of Surrey, Guildford, UK <i>Modules:</i> Research Methods and Data Analysis, Conducting Health Psychology Research, Chronic Conditions, Epidemiology, Psychological Aspects of Health Care, Transport and the Environment – Analysis and Assessment, Maintaining Health throughout the Lifespan, Research and Professional Skills <i>Dissertation:</i> Management of food in families with children aged 5-6 (supervisor: Prof. Jane Ogden)
Sep 2007	Ptychion (BSc) in Psychology (with Merit), Pantion University of Social and Political Sciences, Athens, GREECE <i>Dissertation:</i> Quality of Life among Women with Breast Cancer (supervisor: Dr. T. Georgiou)
Jul 2001	Apolytirion (Baccalaureate) , Archbishop Makarios III Lyceum, Nicosia, CYPRUS

1. Work experience (Academic) – current positions in grey

Current Position

Jan 2022-present	Lecturer in Health Psychology & Director of Behavioral Science in Health (BSiH) Lab
Teaching and Research	Cyprus University of Technology, Department of Nursing, Limassol. Cyprus - Teaching: Introduction to Medical Sociology (1 st year 2022-2024), Introduction to Psychology (1 st year 2022-2024), Health Psychology (3 rd year 2022-2024), Sociology and Psychology in Health (1 st year 2024-), Communication and Teaching Skills in Nursing (1 st year 2024-), Mixed Research Methods (MSc and PhD), Psychology in

¹ PhD Thesis has received attention beyond academia, e.g. in a national German newspaper (Die Zeit)

Motherhood (MSc in Obstetric Nursing)

- Supervising BSc, MSc, and PhD students
- Leading the Behavioral Sciences in Health (BSiH) Lab
- Member of the (a) CUT Cyprus International Institute for Environmental and Public Health (CII) and (b) Cancer Research and Innovation Centre (CARIC)
- Member of Committees: Nursing Departmental Committee (2022-), Ad-hoc Committee for Research Procedures (2022), Committee on Transfers to the Department (2023-), Committee on Undergraduate Theses (2023-), Representative of the School of Health Sciences to the Senate (2025-)

Additional Positions

Jun 2012-present **Assistant Examiner**, International Baccalaureate

Teaching *Duties: Marking remotely the Psychology HL/SL Paper 1 for the International Baccalaureate Diploma Programme.*

Previous Positions

Jan 2022-Jul 2024 **Special Scientist for Research (part time)**, University of Cyprus, Department of Psychology, Nicosia, Cyprus

Research *Research duties:*

- Coordinated the SAFEST (funded by the Cyprus Research and Innovation Foundation Jan-Sep 2022), the Playtech (Jan 2022-Jan 2024) and the CARE (funded by the Cyprus Cancer Research Institute Jan 2022-Jul 2024) grants.

Dec 2022-Apr 2023 **Visiting Professor**, Riga Stradiņš University, Department of Health Psychology and Pedagogy, Latvia

Teaching *Duties: Taught the virtual module *Psycho-Oncology* for healthcare students and professionals²*

Jan 2021-Mar 2023 **Research Coordinator/Consultant (part-time)**, Pancyprian Federation of Cancer Patients and Friends (PASYKAF), Nicosia, Cyprus

Research *Duties: Local Scientific Coordinator of EU Horizon funded project 'SMART LIVING HOMES – WHOLE INTERVENTIONS DEMONSTRATOR FOR PEOPLE AT HEALTH AND SOCIAL RISKS (GATEKEEPER)'. The Cyprus pilot mainly focuses on the early detection of the condition worsening of cancer and dementia patients by monitoring whether the use of technology can trigger appropriate management, thereby reducing the need for higher acuity care, and even, at times, improving survival by supporting demand-driven solutions through high-quality health mobile systems.*

Jan 2019- Jan 2022 **Research Fellow/Marie Skłodowska-Curie Fellow**, University of Cyprus, Department of Psychology, Nicosia, Cyprus

Teaching and Research *Research duties:*

- Principal Investigator (PI) of a project funded by the Research Promotion Foundation (2019-2021) aiming to develop and pilot a web platform helping patients adhere to prescribed medication (StayOnTrack).
- Fellow of a Marie Curie fellowship (PRICE, 2019-2021) aiming to develop and pilot a nurse-led web tool helping cancer patients cope with pain and collect Ecologically Momentary

² <https://www.rsu.lv/notikumi/vebinaru-cikls-psihoonkologija>

Assessment (EMA) data.

- Principal Investigator (PI) of a project funded by the Union for International Cancer Control (2019-2021) aiming to develop and pilot an online avatar-based tool to help women with breast cancer develop coping skills and support them throughout the treatment pathway (GIFTED).

- Principal Investigator (PI) of a project funded by the Research and Innovation Foundation (2020-2022) aiming to understand the social contagion of anti-vaccination attitudes and beliefs (SAFEST).

Teaching duties: Supervising research projects of students participating in the ACT Healthy laboratory (smoking and e-cigarette smoking, breast cancer imaging).

Jul 2015 – May 2022

Teaching and Research

Honorary Fellow (June 2022-December 2023), Senior Research Fellow (Jul 2019 – May 2022), Postdoctoral Research Associate (Jul 2015-Jul 2019), University College London (UCL), Department of Applied Health Research, London, UK

Research Duties: Managing two large projects: a) Developing and testing an electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST) for medical students and b) A clinical trial investigating COPD patients' medication adherence. Other duties include supervising a PhD, an MSc, and a BSc student and four GP trainees, teaching, data collection and analysis, manuscript writing, R&D and ethics applications, tendering web developers etc. The UK Department of Health's Policy Research Unit (PRU) in Cancer Awareness, Screening and Early Diagnosis funds the project (PIs Prof Rosalind Raine and Dr Jessica Sheringham).

Teaching Duties: As part of my Research post at UCL, I lecture on Theory of Measurement (psychometrics) to Population Health BSc students, health inequalities/social determinants of health to 1st year MBBS medical students and on research methods to healthcare professionals on the NIHR Collaborations for Leadership in Applied Health Research and Care (CLAHRC) Academy. I am also developing online teaching materials for the UCL Medical School aiming to improve their consultation/clinical skills and decision-making.

Jan-Apr 2015

Research

Fulbright Visiting Postdoctoral Research Scholar, Harvard Medical School, Dana Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA, USA

Duties: Used statistical models to investigate life priorities during end-of-life care. The study is part of a larger cluster randomised control trial named 'Serious Illness Communication Project' which aims to evaluate the impact of implementing a "Serious Illness Communication Checklist" to guide patient/family-clinician discussions and planning about end-of-life care decisions.

Oct 2013-Dec 2014

Research

Research Associate, University of Cambridge, Primary Care Unit, Department of Public Health and Primary Care, Cambridge, UK

Duties: Coordinated a project called "MelaTools" aiming to optimize the recognition of skin cancer melanoma. Duties included coordinating two studies: a national assessment of a Melanoma Decision Support Tool for GPs, and the development and assessment of tools for patients at higher risk of melanoma to assess their pigmented skin lesions. Other duties included applying for NHS ethics and R&D-Governance, recruiting participants, using mixed methods to analyse data and writing papers for peer-review publication. The National Institute of Health Research (NIHR) funded the project (PI Prof Fiona Walter).

Apr-Oct 2013

Research

Research Assistant/Research Design Services (RDS) Consultant, Imperial College London, Department of Primary Care and Public Health, School of Public Health, London, UK

Duties: Provided high-quality research advice to medical staff and students in the Faculty of Medicine and across NHS institutions in NW London specialising in medical statistics and mixed methods research. Provided support to medical researchers preparing grant applications to NIHR and other research granting bodies. Contributed to departmental projects, such as the evaluation of local health services (Integrated Care Pilot) using

qualitative methods.

- Feb-Aug 2013
Research
Senior Research Assistant (part-time), University of Southampton, Faculty of Medicine, Department of Primary Care and Population Sciences, Southampton, UK
Duties: Worked on 2 projects: a) designed an intervention to manage prostate cancer patients' distress using group relaxation techniques and an e-intervention (PI Prof George Lewith) and b) designed a proof-of-concept trial to improve the Elicitation of Patients' Concerns in Primary Care Consultations (EPaC) (PI Dr Geraldine Leydon).
- Feb-May 2013
Teaching
Associate Lecturer (part-time), University of Chichester, Department of Psychology and Counselling, Chichester, UK
Duties: Taught, marked, and conducted practical seminars for the PSY106 Perspectives on Psychology Module (1st undergraduate year) covering the history of psychology. Also provided additional marking for a Research Methods module.
- Jul-Aug 2012
Research
Research Assistant, University of Surrey, Department of Psychology, Guildford, UK
Duties: Worked with Dr Almuth McDowall on a pilot project: "Return to work after long-term sickness absence: pilot to prepare a research bid for a controlled trial of an accessible intervention". Planned, conducted, and analysed 10 pilot interviews; contacted participants/ built up database, liaised with Faculty of Arts and Human Sciences (FAHS) technician to put survey online; generated data (N = 50); and analysed data, prepared draft notes for report.
- May-Jul 2012
Research
Intern, World Health Organization (WHO), Department of Mental Health and Substance Abuse, Geneva, SWITZERLAND
Duties: Contributed to the development of the *Global Status Report on Alcohol and Health* (Led by Alexandra Fleischmann). (1) I collated information on topics related to Substance Abuse and compiling and verifying country profiles and related indicators; (2) I conducted literature searches and other technical input to the process of development, publishing, and dissemination of technical reports; and (3) I contributed to projects and activities on the day-to-day basis.
- Oct 2009-May 2012
Teaching
Teaching Assistant and Coursework Marker, University of Surrey, Department of Psychology, Guildford, UK
Duties: First and second Marker of undergraduate students' essays, posters, and lab reports on various modules (Research Methods – Cognitive, Social Psychology, Bio Bases of Psychology, Developmental Psychology) and Teaching Assistant and Demonstrator (Research Methods-Cognitive). Finally teaching about Cancer to MSc students in Health Psychology (module PSY M004 Chronic Conditions)

Invited Positions/Placements/Internships/Research Visits

- May 2024
Teaching
Visiting Professor, University of Cagliari, Department of Pedagogy, Psychology and Philosophy, Cagliari, Italy
Duties: One week of teaching activities including 3 half-day course on Quantitative research methods and statistics in education and psychology (12 hours) for PhD students and two seminars (6 hours) for specialized psychologists on (a) The health quality of life in people with

cancer and (b) Digital health tools for the management of non-communicable diseases³
whilst working at Cyprus University of Technology

- Mar-Apr 2023
Teaching
Visiting Professor, Rīga Stradiņš University, Department of Sociology and Psychology, **Riga, Latvia**
Duties: Teaching the virtual module Psycho-Oncology for healthcare students and professionals, delivering a research seminar to PhD students, and presenting at the annual conference **whilst working at Cyprus University of Technology**
- Jul 2022
Research
Research Visit, Israel Institute for Advanced Studies, **Jerusalem, Israel**
Duties: Third one-week research visit as part of the ACTION team project funded by the Network of European Institutes for Advanced Study (CAT programme) **whilst working at Cyprus University of Technology**
- Feb 2022
Research
Research Visit, Swedish Collegium for Advanced Study, **Uppsala, Sweden**
Duties: Second one-week research visit as part of the ACTION team project funded by the Network of European Institutes for Advanced Study (CAT programme) **whilst working at Cyprus University of Technology**
- Sep 2021
Research
Research Visit, University of Montpellier, Montpellier Advanced Knowledge Institute on Transitions MAKIT), **Montpellier, France**
Duties: First one-week research visit as part of the ACTION team project funded by the Network of European Institutes for Advanced Study (CAT programme) **whilst working at UCL**
- Nov 2019
Research
Research Visit, University of Tartu, Department of Psychology, **Tartu, Estonia**
Duties: One-week research visit to work on analysing data from the Estonian Children Personality Behaviour and Health Study funded by the Archimedes Foundation (Estophilus Scholarship) **whilst working at UCL**
- Jan – May 2018
Teaching
Special Scientist (visiting), Frederick University, Department of Psychology, **Nicosia and Limassol, Cyprus**
Duties: Taught the ‘Health Psychology’ module to undergraduate psychology students **whilst working at UCL**.
- Sep 2017-May 2018
Teaching
Special Scientist (visiting), Cyprus University of Technology, Nursing School, **Limassol, Cyprus**
Duties: Taught the ‘Qualitative research methods’ module to MSc and PhD nursing students **whilst working at UCL**
- Sep 2017
Entrepreneurship
Intern, Centre for Entrepreneurial Innovation (CEI), **Phoenix, Arizona, USA**, and German Marshall Fund (GMF), **Washington DC, USA**
Duties: One-week training in entrepreneurship at GMF and one-week placement at CEI for guidance, training, and resources to set-up a start-up funded by the YTILI program and **whilst working at UCL**
- Feb-May 2017
Teaching
Visiting Professor, University of Turin, Department of Psychology, **Turin, Italy**
Duties: Taught the ‘Research methods and techniques in clinical social psychology’ lab for psychology students (master) **whilst working at UCL**. The lab covered research design and analyses (in SPSS) aspects of research.
- Nov 2016
Research Visit, Koç University, School of Medicine, **Istanbul, Turkey**

³ <https://people.unica.it/psicologiasalute/>

Research	<i>Duties:</i> One-week research visit to investigate the implementation and adaptation of an online patient simulation tool (eCREST) for teaching clinical reasoning skills funded by UCL Global Engagement Office and whilst working at UCL
Jul 2015 – May 2016	Research Supervisor , Junior Researcher Programme, El Escorial, Spain and Cambridge, UK
Teaching	<i>Duties:</i> Supervising a group of students from different European Universities starting with a one-week summer school in El Escorial, Spain and finishing with a one-week conference at the University of Cambridge, UK whilst working at UCL
Jan-Apr 2015	Fulbright Visiting Postdoctoral Research Scholar , Harvard Medical School, Dana Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA, USA
Research	<i>Duties:</i> Used statistical models to investigate life priorities during end-of-life care. The study is part of a larger cluster randomised control trial named 'Serious Illness Communication Project' which aims to evaluate the impact of implementing a "Serious Illness Communication Checklist" to guide patient/family-clinician discussions and planning about end-of-life care decisions.
Sep-Dec 2014	Special Scientist (visiting), University of Cyprus, Department of Psychology, Nicosia, Cyprus
Teaching	<i>Duties:</i> Taught the postgraduate module Psychopharmacology (PSY 711) to doctoral and master psychology students whilst working at University of Cambridge
Oct-Dec 2013	Special Scientist (visiting), University of Cyprus, Department of Psychology, Nicosia, Cyprus
Teaching	<i>Duties:</i> Taught 1 st -year undergraduate medical students a module on "Psychology in Medical Practice (PSY 206)" whilst working at University of Cambridge
May-Jul 2012	Intern , World Health Organization (WHO), Department of Mental Health and Substance Abuse, Geneva, SWITZERLAND
Policymaking	<i>Duties:</i> Contributed to the development of the <i>Global Status Report on Alcohol and Health</i> (Led by Alexandra Fleischmann). Internship during PhD in Health Psychology
Jan-May 2010	Clinical placement , Queen Elizabeth's Foundation for Disabled People, Leatherhead, UK
Clinical	<i>Duties:</i> Clinical placement (evaluation, group therapy, lifestyle interventions), as part of Stage 2 in Health Psychology Practice training
Mar-May 2007	Clinical placement , Children's Hospital Agia Sofia, Athens, GREECE
Clinical	<i>Duties:</i> Clinical placement (evaluation, therapy), as part of BSc in Psychology

2. Clinical and other experience

Jan-Jun 2010	Health Psychology Trainee (134 hours), Queen Elizabeth's Foundation Independent Living Services, Leatherhead, UK
	<i>Duties:</i> Provided support to people with learning disabilities and brain injuries under the supervision of a Chartered Health Psychologist; Developed, conducted, and evaluated a consultancy project (Men's Health Group); and worked on one-to-one sessions with clients on various aspects of their health (healthy eating, behaviour change etc).
Apr-Jun 2007	Assistant Psychologist (450 hours), Children Psychiatric Clinic of "Aya Sofia" Children Hospital, Athens, GREECE
	<i>Duties:</i> Provided counselling and support to diverse child patients under the supervision of a clinical psychologist.

Aug 2006	Student Visitor (47 hours), Mental Health Services, Cyprus Ministry of Health, Nicosia, CYPRUS <i>Duties:</i> Study visits to be briefed about the role of Clinical Psychologists at the various units and general functions of Mental Health Services in Cyprus and observe discussions of the Multidisciplinary Teams.
Jul 2001 - Aug 2003	Army Service , served the Cypriot Army Forces as a Second Lieutenant (appointed after passing the written and physical exams)

3. Consultancy Temporary Positions

Dec 2024-January 2026	Consultant (paid position) of the project ' <i>Promoting mental health of children and youth by addressing the risks of online gambling and gaming</i> '. The Pompidou Group of the Council of Europe is currently implementing the project which is co-funded by the European Union via its Technical Support Instrument and implemented by the Council of Europe, in cooperation with the European Commission.
Dec 2024-Dec 2027	Consultant (paid position) of Wannax Ltd for the evaluation and endorsement of scientific summaries for healthcare professionals
Oct 2026-Apr 2028	Ethics Committee member (paid position) of the SUNRISE "SUSTAINABLE INTERVENTIONS AND HEALTHY BEHAVIOURS FOR ADOLESCENT PRIMARY PREVENTION OF CANCER WITH DIGITAL TOOLS" project funded by Horizon 2020 and procured by Center for Research and Technology Hellas (CERTH)
March 2023-present	Member of a multi-stakeholder group , to address the unmet needs of early breast cancer patients related to treatment side effect information and management. Funded by Eli Lilly and Company (<u>participation is voluntary and no remuneration is provided</u>). Other members: Marzia Zambon, Fedro Peccatori, Antonio Di Meglio, Constantina Cloconi, Alexandre Chan, Sonia Ujupan
March 2023-present	WHO Consultant (roster) with WHO Europe's Behavioural and Cultural Insights Unit.

4. International and National Committees and Panels

Nov 2024 – Oct 2027	COST Action Working Group Member , CA23151 - Mediterranean Cancer Screening and Early Diagnosis Network (Medi-CaSE) - Cancer early diagnosis and screening implementation, optimization, data collection, and monitoring. - Research platform in cancer screening across the Mediterranean - Approaches for increasing the participation among general population and vulnerable groups
Oct 2024-Sep 2028	COST Action Management Committee Member , CA23107 - Network for Evidence Synthesis in The Agri-Food Sector (EU-NESA)
Apr 2024 - present	Member of the EU Coalition for Life Course Immunization
Jan-Jun 2024	Mentor on the Junior Achievement Cyprus program 'Beyond Pre-Accelerator' (an educational + practical program aimed at helping participants go through the entire entrepreneurial process, from generating business ideas related to healthcare to creating an MVP (minimum viable product)).
Dec 2023-Jun 2024	Member of the National Commission for the National Strategy for Mental Health , Cyprus Ministry of Health (appointed)
Sep 2023- present	Board Member of Standing Committee on Psychology in Health , European Federation of Psychologists' Association (EFPA) (appointed)
March 2023-present	Member of the Young Cancer Professionals (YCP) group , European Cancer Organization (initiated at the European Cancer Summit, Brussels, Nov 2023)
March 2023-present	Ordinary Member of the Cyprus Psychologists' Association Board and Member of the Board's Policy Group
Oct 2022 – Oct	COST Action Management Committee Member , CA21152 Implementation Network

2026	Europe for Cancer Survivorship Care (INE-CSC)
Aug 2022-present	Ordinary member (Grants and Special Interest Groups Officer) of the European Health Psychology Society (EHPS) Executive Committee (EC)
Jan 2022-present	Council Member of the Cyprus University of Technology's Department of Nursing Council
Nov 2021 - present	Head of the Research and Innovation and Digital Transformation Bureau of the Cyprus Progressive Party of Working People (AKEL)
Jun 2020 - present	Member of the NIHR-MRC Trials Methodology Research Partnership (TMRP) Outcomes Working Group.
Apr 2018 - present	Quality of Life Group Member of the European Organization for Research and Treatment of Cancer (EORTC) (Meetings: Brussels 2009, Oslo 2016, Brussels 2017, Napoli 2019, Limassol 2022, London 2023, Rome 2024)
Jan 2017 - present	National Editor of the Practical Health Psychology initiative http://practicalhealthpsychology.com/editorial-board/
Aug 2015 - present	National Delegate (ND) of Cyprus at the European Health Psychology Society (EHPS)
Sep-Dec 2022	Committee Member of Cyprus University of Technology ad-hoc Working Group on research procedures
Oct 2017 – Oct 2022	Board Member of Prevention and Intervention , European Federation of Psychologists' Association (EFPA)
Nov 2019 – Apr 2021	Committee Member at the Parallel Parliament's Committees of Civil Society and of Environment, Ecology and Health and Vice Chair of the Committee of Public Health, Cyprus Parliament
Sep 2018 – Sep 2023	COST Action Management Committee Member , Towards an International Network for Evidence-Based Research in Clinical Health Research
Sep 2019 – Aug 2022	Special Interest Group member of EHPS SIG Digital Health & Computer Tailoring
Oct 2020 – Oct 2021	Member of ISOQOL's working group on PROs in clinical practice and real-world data.
Apr 2020 – Sep 2021	Member of the Health Psychology Exchange , a collaboration between a group of health psychology professionals, who are sharing practice, research and publications to support each other's response to the COVID pandemic.
Sep 2021 – Jan 2022	Member of the Cyprus University of Technology's scientific committee on COVID-19 University Community Empowerment
Jan 2020 – Oct 2021	Board Member of eHealth Project Group , European Federation of Psychologists' Association (EFPA). http://ehealth.efpa.eu/members/
Sep 2017 – Sep 2020	'Proxy Task Force' Member ('Best Practices for the Collection, Analysis and Reporting of Proxy Data for Patient-Reported Outcomes in Adults') for the International Society for the Quality of Life Research (ISOQOL)
Jan 2016 – Jan 2020	Research Committee Member of the International Psycho-Oncology Society (IPOS)
Aug 2018 – Aug 2019	Task Force Member of the European Health Psychology Society to examine Health Psychology as an applied profession.
Feb 2012	Organizing Committee Member of the University of Surrey Postgraduate Research Conference, Guildford, UK
May 2011-May 2012	Student Representative at the Academic Board for the PhD Programme & Stage 2 PG Certificate in Health Psychology Practice, University of Surrey
Jul 2006	Organizing Committee Member of the 26th International Congress of Applied Psychology, Athens, Greece

5. Accreditation

Jan 2019	UCL Arena Open / HEA Assessor, UK Trained as a UCL Arena Open assessor and in this role supporting other UCL staff to obtain HEA Fellowship.
Sep 2017	UCL Arena Open Fellow, UK

The Fellowship is awarded based on successful experience of teaching, supporting students' learning, and leading an aspect of education at UCL

May 2017	Fellow of the Higher Education Academy (FHEA), UK The Fellowship is awarded to professionals who apply and meet the UK Professional Standards Framework (UKPSF) for teaching and supporting learning in higher education. Portfolio of teaching submitted and evaluated.
Apr 2017	Accreditation as <i>Health Psychologist</i> by the UK Health & Care Professions' Council (HCPC), registration number: PYL34305
Jun 2011	General Certificate in Psychotraumatology , European Society for Traumatic Stress Studies (ESTSS)
Aug 2009 – May 2017	Associate Fellow of the Higher Education Academy, UK – recognition ref.: 38111.

6. Funding Awards (grants)

Current Funding

Project title:	Disease prevention postpartum: enabling social connections to change health behaviours (ALTHEA)
Funding body:	Research Innovation Foundation (EXCELLENCE HUBS)
Amount:	199.920€ (CUT budget: 79.520€)
Period:	May 2025 – Apr 2027
Role:	Principal Investigator

Project title:	Mind the Mum: Placing Parental Mental Health and Care to the Forefront (MindtheMum)
Funding body:	EU4Health (PI: Dr Eleni Hadjigeorgiou, Cyprus University of Technology)
Amount:	
Period:	Oct 2024 – Oct 2027
Role:	Co-Investigator

Project title:	Developing a sustained European initiative for monitoring and sharing practices in psychosocial oncology care provision (DESIPOC)
Funding body:	EU4Health
Amount:	1.498.856 € (local partner budget: 291.468 €)
Period:	Sep 2024 – Aug 2026
Role:	Principal Investigator
Project meetings:	October 2024 (Limassol)

Project title:	Integrating behavioral sciences with health research: developing the Behavioral Science in Health Laboratory (CUT BSiH Lab)
Funding body:	Cyprus University of Technology SEED Funding
Amount:	40.000 €
Period:	Jun 2024 – Jun 2026
Role:	Principal Investigator
Project title:	Understanding Attentional Biases related to Illness Anxiety (Un-Bias)
Funding body:	CUT internal fellowships METADIDAKTOR (postdoc Athina Manoli)
Amount:	20.000 €
Period:	Jun 2024-Mar 2025
Role:	Supervisor
Project title:	GreenTouch: EcoMind Development for Higher Education Future
Funding body:	Erasmus+ (Cooperation partnerships in higher education)
Amount:	250,000€ (local partner budget: 57,970€)
Period:	Apr 2024-Mar 2027
Role:	Local Investigator
Project meetings:	October 2024 (Maribor)
Project title:	Developing a Country Observatory for Sharing Best Practices for Vaccination Promotion (co-OPERATOR)
Funding body:	Eu4Health
Amount:	1,738,651€ (local partner budget: 326,899€)
Period:	Nov 2023 – Nov 2026
Role:	Principal Investigator
Project meetings:	January 2024 (Limassol), July 2024 (Athens), January 2025 (Pisa)
Project title:	Preventing the Preventable – Familial Hypercholesterolemia paediatric screening for cardiovascular health (PERFECTO)
Funding body:	Eu4Health
Amount:	(local partner budget: 96,460€)
Period:	Oct 2023-Apr 2026
Role:	Local collaborator
Project title:	Preconception Profiling Assessment and Risk factor Evaluation of/for Lifestyle (PREPARE FOR LIFE)
Funding body:	Cyprus University of Technology SEED Funding (PI: Dr. Ourania Kolokotroni, Cyprus University of Technology)
Amount:	30,700€
Period:	Oct 2023-Jun 2025
Role:	Collaborator

Previous Funding

Project title: **Baby Buddy Communicators: A socially interactive cross-sectoral communication skills-building training for competent antenatal educators who "make every contact count"**.

Funding body: Erasmus+ small-scale partnership (PI: Dr. Nicos Middleton, Cyprus University of Technology)

Amount: 20,000 €

Period: Oct 2022-Oct 2024

Role: **Co-Investigator**

Description: The project will design, implement, and pilot test a socially interactive digital environment where practicing and in-training Midwives will come together, under the watchful eye of service-users, to enhance the skills and competencies needed to deliver respectful consultations.

Project title: **Investigation of the level of compliance of sellers of alcoholic beverages regarding the purchase and use of alcohol by minors (MYSTERY SHOPPING)**

Funding body: Cyprus National Addictions Authority (NAAC)

Amount: 2865 €

Period: Apr-Jun 2024

Role: **Principal Investigator**

Project title: **eCAN: Joint Action on strengthening ehealth including telemedicine and remote monitoring for health care systems for cancer prevention and care**

Funding body: EU4Health Joint Action (PI: Sciensano, Belgium)

Amount: 5,000,000 €

Period: Sep 2022-Sep 2024

Role: **Local Principal Investigator** representing Cyprus Association of Cancer Patients and Friends

Description: There is a need to harmonize telemedicine regulations and to explore the efficacy of teleconsultation programs and telemonitoring in the cancer field. The eCAN JA explores their role in two clinical trials focused on tele-rehabilitation and tele-psychological support in different populations of cancer patients (Breast Cancer, Head and Neck cancer and advanced cancer at recurrence) in 10 European countries.⁴

Project title: **Cancer, allostatic load, and regulation of emotions: How stress and emotion regulation impact mental and physical health of breast and testicular cancer patients (CARE).**⁵

Funding body: Bridges in Research Excellence grant scheme funded by the Cyprus Cancer Research Institute (CCRI). (PI: Dr. Maria Karekla, University of

Amount:

⁴ [https://www.e-cancer.be/fr/projects/ecan-joint-action-strengthening-ehealth-including-telemedicine-and-remote-monitoring-health#:~:text=This%20Joint%20Action%20\(JA\)%20called.on%20cancer%20prevention%20and%20care.](https://www.e-cancer.be/fr/projects/ecan-joint-action-strengthening-ehealth-including-telemedicine-and-remote-monitoring-health#:~:text=This%20Joint%20Action%20(JA)%20called.on%20cancer%20prevention%20and%20care.)

⁵ <https://www.ccri.org.cy/2021/04/grants-announcement/?fbclid=IwAR18gJniLKYbXmCmcHLorch1iYwIwF4P2HLHZ8gr7i5fEStobpv3u93-pnc>

Period:	Cyprus).
Role:	200,000€
Description	Jun 2021-Jul 2024 Co-Investigator The CARE project aims to examine a wide range of biological and psychological stress markers in breast and testicular cancer patients: how their levels change throughout the first year after cancer diagnosis and how these biomarkers interact with patients' emotion regulation ability and psychological flexibility. We will study the impact of these markers on physical and mental health and on cancer progression and treatment response using biochemical, epigenetic, and behavioral techniques. We will also assess how these stress-related changes can be managed using a modern, brief, easy and accessible eHome-care, self-delivered intervention, via momentary ecological assessment of emotions and health indices, to enhance emotion regulation skills, functionality, and wellbeing.
Project title:	Smart Living Homes – Whole Interventions Demonstrator for People at Health and Social Risks (GATEKEEPER).
Funding body:	EU Horizon 2020 (Research and Innovation) Grant (PIs: Dr German Gutierrez, Medtronic Iberica).
Period:	Sep 2019- Dec 2023
Role:	Local Scientific Coordinator representing Cyprus Association of Cancer Patients and Friends.
Description	GATEKEEPER is a European Multi Centric Large-Scale Pilot on Smart Living Environments. The main objective is enabling the creation of a platform that connects healthcare providers, businesses, entrepreneurs, and elderly citizens and the communities they live in, to originate an open, trust-based arena for matching ideas, technologies, user needs and processes, aimed at ensuring healthier independent lives for the ageing populations. https://www.gatekeeper-project.eu/
Project title:	Developing a digital intervention with a virtual coach for frontline healthcare workers treating COVID-19 patients.
Funding body:	Charities Aid Foundation (CAF) Resilience and Recovery Fund.
Amount:	£49,940
Period:	Feb 2023-Dec 2023
Role:	Principal Investigator (Other partners: 3AHealth Ltd, Silversky Ltd)
Description	The aim of the project is to develop and test a theoretically informed digital intervention for frontline healthcare workers treating patients with COVID-19.
Project title:	Development of novel medical-grade skincare products for oncology patients (MEDISKIN).
Funding body:	SEED Grant (Development of internationally competitive innovative products and services by startups) funded by the Cyprus Research and Innovation Foundation. (PI: Dr. Marianna Prokopi-Demetriades, RSL Ltd./German Oncology Centre).
Amount:	
Period:	

Role:	498,505€ (Subset 19,500€)
	Jun 2021-Sep 2023
Description	<p>Co-Investigator</p> <p>The proposal brings together a group of highly motivated SME startups and several leading research and clinical institutions in Cyprus, putting together a multidisciplinary consortium with substantial resources and expertise in biomaterials, skin health, cancer medicine, finance, and marketing, in order to develop and commercialize novel skincare products that will be able to successfully compete on the international market⁶.</p>
Project title:	Collective dynamics of health opinion contagion: the COVID19 infodemic and its effects on decision-making processes (DCODES) [DINÁMICAS COLECTIVAS DE CONTAGIO DE OPINIONES SOBRE SALUD: LA INFODEMIA DE COVID19 Y SUS EFECTOS SOBRE LOS PROCESOS DE TOMA DE DECISIÓN (DCODES)].
Funding body:	National Research Plan in Spain. (PI: Dr. Javier Alvarez-Galvez, University of Cadiz).
Amount:	163,246€
Period:	Sep 2021-Sep2023
Role:	Collaborator
Project title:	Moving beyond traditional methods of identifying and overcoming negative attitudes towards vaccinations (ACTION team)
Funding body:	Constructive Advanced Thinking (CAT) award
Period:	Feb 2020-Feb 2023
Role:	Team Coordinator Team: Javier Alvarez-Galvez (University of Cadiz), Ilaria Montagni (University of Bordeaux), Antonio Rojas-Garcia (Imperial College London), Ourania Kolokotroni (University of Nicosia), Catharina Margaretha Reynen-de-Kat (WHO Europe).
Description	<p>http://netias.science/project_constructive-advanced-thinking</p>
Project title:	Tackling anti-vaccination: mapping the social transmission of beliefs and attitudes (SAFEST)
Funding body:	EXCELLENCE Grant (Life Sciences) funded by the Cyprus Research and Innovation Foundation
Amount:	247,204€
Period:	Sep 2020-Feb 2023
Role:	Principal Investigator
Description	<p>The project will use Social Network Analysis (SNA) methods to investigate the social contagion of vaccination attitudes of parents of primary school children and experimentally test contagion using 'intervention ambassadors'.</p> <p>http://safest.3ahealth.com/#about</p>
Project title:	Testing and Evaluating the Collection of Patient Reported Outcomes In

⁶ <https://ygeia-news.com/synedria/epistimonikes-ekdiloseis/enarktiria-synantisi-toy-diktyoy-synergasias-toy-ergoy-mediskin/>

Funding body:	Cancer Care Using Innovative Approaches: The ePROM Digital Health Tool (PRICE)
Amount:	Marie Skłodowska-Curie Fellowship funded by the Cyprus Research and Innovation Foundation (2 nd Chance/Young Researchers)
Period:	150,000€
Role:	Sep 2019 – Sep 2022
Description	Fellow (Mentors: Prof. Constantinos Pattichis, Dr. Maria Karekla University of Cyprus) The PRICE project aims to develop and evaluate a digital health tool (ePROM), collecting PROMs at the clinic and additional Ecological Momentary Assessment (EMA) of pain using a mobile application.
Project title:	Exploring the needs of medical education providers to scale up the uptake of a novel simulation-based online learning tool
Funding body:	Funded by UCL Knowledge exchange and innovation funding
Amount:	£14,997
Period:	Jun-Dec 2021
Role:	Principal Investigator
Description	The aim of this Knowledge Exchange (KE) project is to partner with medical education providers so to invest on scaling up an online tool for teaching clinical reasoning (eCREST) with non-university settings and other professional groups beyond medical students and decide on the business model and costing strategies.
2020	<p>Member of a series of international project teams in response to the COVID-19 pandemic crisis:</p> <p>a) Coping Mechanisms and Behaviours Related to COVID-19 (COVID-19 IMPACT study) Co-PI (with Maria Karekla and Andrew Gloster) https://ucy.ac.cy/acthealthy/en/covid-19-impact-survey#Top An international prospective survey study looking into coping mechanisms and related behaviours. Led by University of Cyprus ACT Healthy laboratory and University of Basel.⁷</p> <p>b) Investigating Feelings and Behaviors Related to COVID-19 (PSACR). International Partner An international study investigating compliance with health promoting behaviors and/or managing negative feelings associated with the pandemic and led by the Psychological Science Accelerator.</p> <p>c) Your COVID-19 Risk study. Cyprus Team Chair⁸ https://your-covid-19-risk.com/ An international study initiated through EHPS members and aiming to develop a behavioral risk calculator for COVID-19.</p> <p>d) International COVID-19 Awareness and Responses Evaluation (iCARE) study. International Partner⁹</p>

⁷ International attention: https://www.psicologo-melzo.com/psicologia-coronavirus-emozioni-comportamento-ricerca.html?fbclid=IwAR1c9OcJ12T42aHRw7yeNVkk85fM6MT1aKH1ihHxJbmECGTY_c5ctAKtKB8

⁸ Local outreach: <https://dialogos.com.cy/analysi-i-molynsi-apo-ton-io-epireazei-ti-symperifora-mas/>

<https://mbmc-cmcm.ca/covid19/>

An international survey study to assess awareness, attitudes, and adherence to local prevention measures related to hygiene, social distancing and self-isolation in both a global convenience sample (which will include Canada) and a Canadian nationally representative sample. Led by the Montreal Behavioral Medicine Centre.

e) EUCLID-Project Risk perceptions & behavior in the context of the current Coronavirus outbreak. **International Partner**

<https://euclid.dbvis.de/home>

In response to the ongoing public health emergency due to the Coronavirus (SARS-CoV-2 and the associated disease COVID-19) outbreak worldwide, the University of Konstanz developed an online survey "EUCLID" to track: 1. Subjective health & symptoms, 2. Perceived risk & outbreak related perceptions, 3. Protection motivation & behavior, 4. Expected future developments of the current outbreak.

Project title: **Psychosocial factors related to the use of electronic cigarettes [Ψυχοκοινωνικοί παράγοντες που σχετίζονται με τη χρήση ηλεκτρονικού τσιγάρου].**

Funding body: Grant funded by the Cyprus Anti-Drugs Council (PI: Dr. Maria Karekla, University of Cyprus).

Amount: 5,000€

Period: Feb 2020-Feb 2021

Role: **Co-Investigator**

Project title: **Guiding metastatic breast cancer women after diagnosis to meet unmet needs: an avatar-based web platform (GIFTED)**

Funding body: SPARC Metastatic Breast Cancer Challenge Grant funded by the Union for International Cancer Control (UICC)

Amount: 24,000 \$

Period: Oct 2019 – Feb 2021

Role: **Principal Investigator**

Description: <https://www.uicc.org/case-studies/guiding-metastatic-breast-cancer-women-after-diagnosis-avatar-based-platform>

The aim of the project is to develop/pilot an avatar-based online tool to guide women with metastatic breast cancer through their treatment pathway and help with coping.

Project title: **Understanding the contribution of physician associates to referral and recognition of cancer in primary care using online patient simulations**

Funding body: Grant funded by the UK National Institute of Health's Policy Research Unit (PRU) in Cancer Awareness, Screening and Early Diagnosis

Amount: £64,000

Period: Sep 2019 – Dec 2020

Role: **Co-Principal Investigator** (with Dr. Jessica Sheringham)

⁹ Local outreach: <https://paideia-news.com/ekpaideysi/2020/12/04/pagkosmia-ereyna-gia-pandimia-gia-covid-19/?fbclid=IwAR31AY6jFRHRuLvEHudnowa0p2FN3PMK6lRO4AioIyYhB3mSxLwKyodTbto>

Description	The aim of the project is to understand how Physician Associates (PAs) might contribute to cancer recognition and referral in primary care by: (a) Characterising the landscape into which PAs will support recognition and referral of cancer in primary care through a rapid review of relevant literature and policy; (b) examining the clinical reasoning styles of final year student PAs using online patient simulations of possible cancer; and (c) developing and convening an expert workshop to identify implications for policy and practice
Project title:	Using online patient simulations to improve the clinical reasoning skills of medical and nursing students in Cyprus [Χρησιμοποιώντας διαδικτυακές προσομιώσεις ασθενών για τη βελτίωση των δεξιοτήτων κλινικής συλλογιστικής των φοιτητών ιατρικής και νοσηλευτικής στη Κύπρο]. Funded by the Youth Board of Cyprus (76/2018)
Funding body:	
Amount:	4,150€
Period:	Apr 2019-Oct 2021
Role:	
Description	Principal Investigator The aim of this project is to adapt and pilot an online patient simulation tool for teaching clinical reasoning with medical and nursing students in Cyprus. https://www.med.unic.ac.cy/2019/09/06/e-crest-project-an-evaluation-of-an-online-patient-simulation-training-tool-e-crest-to-improve-the-clinical-decision-making-skills-of-medical-students/
Project title:	Multiple health behaviour development in a transitional society: The case of Estonia.
Funding body:	Funded by the Estonian Archimedes Foundation.
Amount:	750€
Period:	Feb – Nov 2019
Role:	
Description	Principal Investigator The study's objective is to explore how alcohol intake, smoking and physical activity engagement are developed in a cohort in Estonia (Estonian Children Personality Behaviour and Health Study) and how these health behaviours impact biological and self-report health outcomes.
Project title:	Stay on Track: a web platform to help with adhering to prescribed medication.
Funding body:	Social Innovation Grant (SOCIALINNO/0617/0014) funded by the Cyprus Research Promotion Foundation (programme RESTART 2016-2020)
Amount:	99,900€
Period:	Dec 2018 – Dec 2021
Role:	
Description	Principal Investigator The project's objective is to design, develop and promote a web platform and smartphone application to (a) help patients to adhere to their medication (patient interface), and (b) help clinicians prescribing medication to more accurately monitor their patients' adherence (clinician interface).

<http://www.stay-on-track.3ahealth.com/>

Project title: **Changing how the brain responds when making healthy decisions: Translating neuroscience into population health.**

Funding body: Frontiers Pilot Award (ULI TR002366) funded by Kansas University Medical Centre (KUMC), (PI L. Martin, Kansas University)

Amount: \$20,000

Period: Sep 2018-Jun 2019

Role: **Co-Investigator**

Description: Pilot study to examine brain activation, temporal discounting, and food demand and food choices related to positive affect and episodic future thinking guided imagery. This is the neuroscience part of the project.

Project title: **'Stay Healthy After Baby': A cross-national study to support smoking abstinence and inter-related cancer prevention behaviours among postpartum women.**

Funding body: International Innovation Grant: Reference: C54889/A25592 funded by Cancer Research UK Population Research Committee - BUPA Foundation Fund, (PI C. Notley, University of East Anglia)

Amount: £40,000

Period: Aug 2017-Mar 2019

Role: **Co-Investigator**

Description: The project aims to develop a prototype intervention to target continued abstinence from smoking, combined with increased rates of breastfeeding and physical activity among postpartum women.

<https://www.uea.ac.uk/medicine/research/addiction/project-hatch>

Project title: **Changing how people think and feel about cancer prevention behaviours: Translating neuroscience into population health.**

Funding body: International Innovation Grant (Reference: C63941/A25647) funded by Cancer Research UK Population Research Committee - BUPA Foundation Fund (PI N. Mdege, University of York)

Amount: £39,597

Period: Aug 2017-Mar 2019

Role: **Co-Investigator**

Description: Pilot study to examine brain activation, temporal discounting, food demand and food choices related to positive affect and episodic future thinking guided imagery.

<https://www.york.ac.uk/healthsciences/research/public-health/projects/cancer-prevention-behaviours/>

Project title: **Increasing clinical reasoning capacity in future doctors in Turkey: Adapting a UCL training tool in respiratory diagnosis using online simulation methods for different contexts**

Funding body: Funded by the UCL Global Engagement Funds

Amount: £500

Period: Nov 2016

Role: **Principal Investigator**

Description	Adapting and piloting an online medical tool (eCREST) in Turkey with students at Koc University School of Medicine.
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Project title:	StayInTrack start-up
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Funding body:	Scholarship by SignalGenericX IoT Innovation Challenge in collaboration with the Founder Institute Cyprus
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Period:	Nov 2015
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Role:	Co-founder
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Project title:	StayInTrack start-up
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Funding body:	Award for top-6 start-ups at the Cyprus Entrepreneurship Competition 2015.
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Amount:	
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Period:	200€
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Period:	Oct 2015
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Role:	Co-founder
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Grants pending review

Project title:	Strategies for Health Interventions to Eliminate Infection related Cancers (SHIELD)
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Funding body:	EU4Health Joint Action
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Amount:	19.997.463€ (CUT budget: 269.414€)
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Submitted:	January 2025
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Role:	Local Investigator
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Project title:	Cultivating Learning, Empowerment, Awareness, and Resilience in Youths' Digital Mental Health (CLEAR4DigitalYouth)
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Funding body:	EU4Health
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Amount:	489.135€ (CUT budget: 96.214€)
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Submitted:	January 2025
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Role:	Principal Investigator
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Project title:	Understanding the complex nature decision-making in hpv-vaccination: overcoming individual, contextual and structural barriers (ADHERENT)
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Funding body:	EU4Health
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Amount:	833.225€ (CUT budget: 123.692€)
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Submitted:	January 2025
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Role:	Principal Investigator
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Project title:	Intervening Earlier In life for healthier lifestyles: An evidence-based approach to reduce exposure and use of emerging tobacco products among school children (RELIEF)
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Funding body:	EU4Health
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Amount:	749.083€ (CUT budget: 72.246€)
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Submitted:	January 2025
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Role: Co-Investigator

Project title: **Mental health awareness and early intervention to prevent suicide among older adults (Silver Linings)**

Funding body: EU4Health (PI: Eglè Brezgytė)

Amount: 382 548€ (CUT budget: 72.181€)

Submitted: January 2025

Role: Co-Investigator

Project title: **Smart Well-being for Engaged Living revolutionises student mental health support through an innovative, evidence-based digital platform and artificial intelligence (SWELL)**

Funding body: Research and Innovation Foundation Co-Develop scheme (PI: Vevino Ltd)

Amount: 631.680€ (CUT budget: 254.400€)

Submitted: November 2024

Role: Co-Investigator

7. Prizes/Fellowships (personal)

- Mar 2023 – Jun 2025 **European Scientific Institute (ESI) Fellowship**, Postdoctoral Training ‘Social Sciences and Humanities in a Post-Crisis Period (including research visit at University of Catania). **Fellow**
- Nov 2020 **Visiting Researcher Scholarship** by the EUROLAB Grant competition, GESIS Leibniz Institute for the Social Sciences to perform secondary data analyses on the development of population health and associations with social networks in Germany. **Scholar**
- Sep 2019 – Sep 2021 **Marie Skłodowska-Curie Individual Fellowship** by the Research and Innovation Foundation (2nd Chance/Young Researchers). **Fellow** (150,000€).
- Feb-Nov 2019 **Visiting Researcher Estophilus Scholarship** by the Estonian Archimides Foundation to perform a study visit at the University of Tartu and perform secondary data analyses on the Estonian Children Personality, Behaviour and Health Study. **Scholar** (750€)
<http://www.ecpbhs.ee/en/estophilus-scholarship/>
- Dec 2018-Oct 2021 **Scholarship** by the Youth Board of Cyprus to perform a study on ‘Using online patient simulations to improve the clinical reasoning skills of medical and nursing students in Cyprus’. **Scholar** (4,150€)
- May 2017 **Bursary** by Cancer Research UK and National Cancer Institute to attend the 2017 Sandpit on Knowledge Integration Across Health Domains, Professions, and Nations to Advance Cancer Prevention in Pottomac, USA. **Scholar**
<https://cancercontrol.cancer.gov/brp/events.html#past-event-4>

December 2016	Global Engagement Strategy Leadership Fund by the UCL Global Engagement Office for a study visit at Koc Medical School, Istanbul, Turkey. <u>Scholar</u> (£500) https://www.ucl.ac.uk/global/news/2017/apr/fostering-innovative-european-collaborations
Aug 2016	Bursary by the National Centre for Research Methods (NCRM) to attend the Autumn School 'The use of biomarkers in social science research'. <u>Scholar</u>
Jan-Apr 2015	Fulbright Visiting Research Scholarship to make a 4-month visit to the Dana Farber Cancer Institute, Harvard Medical School, Boston, USA. <u>Visiting Scholar</u> (\$ 12,850)
Apr 2013	Bursary by the British Psychological Society (BPS) – Qualitative Methods in Psychology Section to present at the 2013 European Health Psychology Society Conference. <u>Presenter</u> (£250)
Nov 2012	Postgraduate Study Visit Scheme Award by the British Psychological Society (BPS) to visit the Department of Biological Psychiatry, Medical University of Innsbruck, Austria. <u>Scholar</u> (£400)
Nov 2009, 2012, 2017	Travel Award by the European Organization for Research and Treatment of Cancer (EORTC) to attend the 1 st and 3 rd Conference and Course, Brussels, Belgium. <u>Scholar</u>

8. Awards

Dec 2020	2020 Young Researcher Award (Social Sciences and Humanities) at the annual Research Awards Cyprus of the Research Innovation Foundation. <u>Awardee</u> ¹⁰
Aug 2018	2018 Early Career Award of the European Health Psychology Society (EHPS) which recognises outstanding research excellence, contributions made to the EHPS and/or contributions to professional practice made by EHPS members within 5 years of their PhD <u>Awardee</u>
Mar 2017-Mar 2018	2017 Young Transatlantic Innovation Leader Initiative (YTIIL) Fellow , a programme of the U.S. Department of State in partnership with the German Marshall Fund of the United States (including a 2-week placement at the Centre for Entrepreneurial Innovation at Phoenix, USA: http://blog.ceigateway.com/blog/ytili-pitch-2017 . <u>Fellow</u>

9. Grant Reviewer

Dec 2024	Expert Evaluator contracted by the European Health and Digital Executive Agency (HADEA) to monitor the final report of project 'FAITH'
Dec 2024	External Evaluator for Slovak Research and Development Agency research grants
Jan 2024	External Evaluator for Slovak Research and Development Agency research grants
Aug 2021-present	External Evaluator for University of Malta Internal Funding Scheme in 'Arts, Humanities & Social Science' and the Research Excellence Fund
December 2023	External Evaluator for Latvian Council of Science to review proposals for Public Health
November 2023	Expert Evaluator (Two stage - 2024) (HORIZON-HLTH-2024-CARE-04-two-stage)

¹⁰ Local attention: <https://inbusinessnews.reporter.com.cy/business/services/article/264845/dr-angelos-kassianos-brabeio-erevvas-sti-thematiki-enotita-koinonikes-kai-anthropistikes-epistimes>
<https://www.research.org.cy/kypriaka-vraveia-kainotomias-kai-erevvas-oi-fetinoi-megaloi-nikites/>
<https://paideia-news.com/panepistimio-kyprov/2020/12/17/ta-brabeia-kainotomias-diakekrimenoy-ereyniti-kai-neoy-ereyniti-2020-se-akadimaikoys-toy-pan-kyprov/>

and Jun 2024

- May 2023 **External Evaluator** for the Hellenic Foundation for Research and Innovation research grants
- Feb-Apr 2023 **Expert Evaluator** contracted by the European Health and Digital Executive Agency (HADEA) to monitor the progress of project 'BD4QoL'
- Jan 2023 **External Evaluator** for Slovak Research and Development Agency research grants
- June 2022 **Expert Evaluator** for Horizon Europe call 'Develop and validate a set of quality of life and patient preference measures for cancer patients and survivors' (HORIZON-MISS-2021-CANCER-02-02)
- Nov 2021 **External Evaluator** for the Marti-Franques COFUND Fellowship programme applications, Universitat Rovira I Virgili
- Jul 2020 **Grant Reviewer** for FAST Healthcare Networks (UK) for a Call for Initiator Projects in Early Cancer Detection.
Project Title: Early detection of skin cancer by using mobile devices at point of care

10. Publications

Full-length articles in peer-reviewed journals *

2024

Konstantinou, P., Kyprianidou, M., Christodoulou, A., McHugh, L., Constantinou, M., Epiphaniou, E., Nicolaou, C., Middleton, N., Karekla, M., **Kassianos, A.P. (2024)**. Behavioral, cognitive, and emotional determinants of getting vaccinated for COVID-19 and the mediating role of institutional trust among young adults in Cyprus. *BMC Public Health*. 24:2336 <https://doi.org/10.1186/s12889-024-19859-y> IF: 4.5

Morrioni, D., Konstantinou, P., Gkleka, C., **Kassianos, A. P.**, & Karekla, M. (2024). Examining cognitive behavioral therapy interventions for unaccompanied minors: a systematic review and qualitative research synthesis. *European Child & Adolescent Psychiatry*. <https://doi.org/10.1007/s00787-024-02500-z> IF: 6.4

Phaiva, T., Nunes da Silva, A., Dias Neto, D., Karekla, M., **Kassianos, A.P.**, Gloster, A. (2024). The effect of psychological flexibility on wellbeing during an adverse global situation: The multiple mediation role of mindfulness and coping strategies. *Behavioral Sciences* 14(7), 545; <https://doi.org/10.3390/bs14070545> IF: 2.6

Alfian, S.D., Sania, J.A., Aini, D.Q., Khoiry, Q.A., Griselda, M., Ausi, Y., Zakiyah, N., Puspitasari, I.M., Suwantika, A.A., Mahfud, M., Aji, S., Abdulah, R. **Kassianos, A.P. (2024)**. Usability and user feedback from the early development of a telepharmacy application from general population and pharmacists' perspectives: A mixed-methods study in Indonesia. *BMC Medical Informatics and Decision-Making*, 24(130). <https://doi.org/10.1186/s12911-024-02494-3> IF: 3.5

Konstantinou, P., Theofanous, V., Karekla, M., **Kassianos, A.P. (2024)**. Mapping the needs of healthcare workers caring for COVID-19 patients using the socio-ecological framework: A rapid scoping review. *Human Resources for Health*, 22(29). <https://doi.org/10.1186/s12960-024-00919-8> IF: 4.8

Karashiali, C., Konstantinou, P., Kasinopoulos, O., Michael, C., Papageorgiou, A., Kadianaki, I., Karekla, M., **Kassianos, A.P. (2024)**. Tensions in caring for chronic patients' medication adherence: A qualitative study in Cyprus. *Journal of Health Psychology*. 0(0). doi:10.1177/13591053241227003 IF: 3.789

2023

Ribeiro, S., Nunes da Silva, A., Dias Neto, D., Gloster, A.T., **Kassianos, A.P.**, Karekla, M. (2023). *Impacto psicológico da COVID-19: efeito da mediação-moderada do suporte social percebido e da flexibilidade psicológica* [Psychological impact of COVID-19: moderated mediation effect on the perceived social support and the psychological flexibility]. *Revista psicologia, saúde e doenças* Vol. 24, Nº. 2, 632-643

<https://doi.org/10.15309/23psd240217>

Karashiali, C., Konstantinou, P., Christodoulou, A., Kyprianidou, M., Nicolaou, C., Karekla, M., Middleton, N., **Kassianos, A.P. (2023)**. A qualitative study exploring the social contagion of attitudes and uptake of COVID-19 vaccination. *Human Vaccines & Immunotherapeutics*, 19 (2), 2260038

<https://doi.org/10.1080/21645515.2023.2260038> IF: 4.526

Konstantinou, P., Ioannou, M., Melanthiou, D., Georgiou, K., Almas, I., Gloster, A.T., **Kassianos, A.P.**, Karekla, M. (2023). The efficacy of Acceptance and Commitment Therapy (ACT) on quality of life and symptom management among chronic health conditions: A systematic review and meta-analysis. *Journal of Contextual Behavioural Science*, 29, 240-253. IF: 5.138

Alexandrou, R., Kyprianidou, M., Photiou, G., **Kassianos, A.P.**, Giannakou, K. (2023). The influence of the COVID-19 pandemic on perceived fear of future pandemics and/or epidemics: A cross-sectional study in Cyprus. *Scientific Reports*, 13:12194. <https://doi.org/10.1038/s41598-023-39381-2> IF: 4.996

Kassianos, A.P., Plackett, R., Kambouri, M., Sheringham, J., (2023). Educators' perspectives of adopting virtual patient online learning tools to teach clinical reasoning in medical schools: A qualitative study. *BMC Medical Education*, 23(424). <https://doi.org/10.1186/s12909-023-04422-x> IF: 2.317

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¹⁶ Media attention: <https://www.altmetric.com/details/96954948/news>

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¹⁸ Referred in Oncology research.nl: <https://oncologischonderzoek.nl/page.php?al=impact-van-gespecialiseerde-palliatieve-zorg-op-hrqol-van-pati%C3%ABnten-met-maligniteiten>

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Keane, D., Calbimonte, J-P, Pawłowska, E., **Kassianos, A.P.**, Medina, J.C., Gregório, J., Serra-Blasco, M., Celebic, A., Mafra, A., Di Meglio, A., Foster, C., Asadi-Azarbajani, B., Donohoe, C.L., Backes, C., Ochoa-Arnedo, C., Gezer, D., Taşvuran Horata, E., Bozkul, G., Özkan, E., Prue, G., İçcan, G., Dural, G., Bahçecioglu, G., Ersöğütçü, F., Bērziņa, G., Bektas, H., Vaz-Duarte-Luis, I-M., Mlakar, I., Rocha Gomes, J., O'Connor, M., Inês Clara, M., Karekla, M., Hoff Hagen, M., Saniye İmançer, M., Çöme, O., Mevsim, V., Aksoy, N., Miguel Martins, R., Ece Yokuş, S., Yokuş, E., Biyik Bayram, S., Akçakaya Can, A., Brandão, T., Saab, M.M., Bayar Muluk, N., Yıldırım, Z., Podina, I., Karadağ, S., Erden, S., Semerci, R., Aydın, A., Frountzas, M., Üzen Cura, S., Ruveyde, A., Billis, A., Calleja-Agius, J., Vojvodic, K., Pilleron, S., Hegarty, J. (**under review**). Protocol for an umbrella review of systematic reviews evaluating the efficacy of digital health solutions in supporting adult cancer survivorship care. *PLOS One*. **IF: 2.**

Thorpe, A., **Kassianos, A.P.**, Plackett, R., Kambouri, M., Sheringham, J. (**under review**). An adaptation of eCREST, an online patient simulation tool to support clinical reasoning: A mixed-methods evaluation comparing clinical reasoning styles of physician associate and medical students. *Journal of Medical and Internet Research (JMIR)*. **IF: 6.07**

Plackett, R., Steward, J-M., **Kassianos, A.P.**, Duenger, M., Schartau, P., Sheringham, J., Cooper, S., Biddle, L., Kidger, J., Walters, K. (**under review**). The effectiveness of social media campaigns in improving knowledge and attitudes towards mental health and help-seeking: A scoping review. *Journal of Medical and Internet Research (JMIR)*. **IF: 6.07**

Lagares-Franco, C., Ortega-Martin, E., De Sola, H., Rojas-García, A., Sanz-Marcos, P., Almenara-Barrios, J., **Kassianos, A.P.**, Montagni, I., Camacho-Garcia, M., Serrano-Macias, M., Carretero-Bravo, J., Alvarez-Galvez, J. (**under review**). Measurement and characterization of COVID-19 misinformation in Spain: conspiracy theories, vaccine hesitancy and health mistrust. *JMIR Infodemiology*. **IF: 3.5**

Di Meglio, A., Catanuto, G., Zambon, M., Chan, A., **Kassianos, A.P.**, Cloconi, C., Rohr, S., Steele, R., Coersmeyer, M., Ujupan, S., Peccatori, F. (**under review**). Experiences and preferences about information on treatment-related side effects among patients with early breast cancer. *The Breast*. **IF: 5.7**

Salman Haleem, M., Aidonis, V., Georga, E.I., Krini, M., Matsangidou, M., **Kassianos, A.P.**, Pattichis, C.S., Rujas, M., Lopez-Perez, L., Fico, G., Pecchia, L., Fotiadis, D. and Gatekeeper Consortium (**under review**). A Multimodal Deep Learning Architecture for Estimating Quality of Life for Advanced Cancer Patients Based on Wearable Devices and Patient Reported Outcome Measures. *IEEE journal of Biomedical and Health Informatics*. **IF: 7.7**

Konstantinou, P., McHugh, L., Petsa, T., Christodoulou, A., Kyprianidou, M., Constantinou, M., Epiphaniou, E., Middleton, N., Nicolaou, C., Vahey, N., **Kassianos, A. P.**, Karekla, M. (**in preparation**). Effectiveness of values clarification combined with loss vs. gain-framed public health messaging: Recommendations based on empirical data from a randomized controlled trial (RCT) during COVID-19.

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Kassianos, A.P., Konstantinou, P., Kasinopoulos, O., Karashiali, C., Georgiou, G., Antoniadou, M., Kkamari, A., Panayides, A., Wozniak, G., Papamichael, A., Pattichis, C., Karekla, M. (**in preparation**). Developing a digital health intervention for helping chronic patients adhere to their prescribed medication: The Stay-On-Track (SoT) tool.

Keane, D., *, Vaz-Duarte-Luis, M-I., *, **Kassianos, A.P.**, Medina, J.C., Gregório, J., Serra-Blasco, M., Pilleron, S., Celebic, A., Mafra, A., Di Meglio, A., Asadi-Azarbaijani, B., Foster, C., Donohoe, C.L., Backes, C., Ochoa-Arnedo, C., Gezer, D., Taşvuran Horata, E., Özkan, E., Pawłowska, E., Prue, G., İşcan, G., Dural, G., Bērziņa, G., Bektas, H., Mlakar, I., Rocha Gomes, J., Inês Clara, M., Karekla, M., Hoff Hagen, M., Saniye İmançer, M., Aksoy, N., Çöme, O., Miguel Martins, R., Ece Yokuş, S., Biyik Bayram, S., Brandão, T., Mevsim, V., M. Saab, M., Calbimonte, J-P., #, Hegarty, J., # (**in preparation**). An umbrella review of systematic reviews evaluating digital health solutions for supporting cancer survivorship care for adult patients. *BMJ Open*. * Joint first authors # Joint last authors **IF: 2.9**

Kassianos, A.P., Kyprianidou, M., Konstantinou, P., Alvarez-Galvez, J., Betsch, C., Ceccarelli, L., Gruszczynska, E., Mierzejewska-Floreani, D., Montagni, I., Tavoşchi, L., Middleton, N., Kassianos, G.C., Karekla, M., Bohm, R. (**in preparation**). Investigating vaccine hesitancy and the intention-behavior gap in the context of COVID-19: A multi-country prospective longitudinal study. *Psychology & Health*. **IF: 3.073**

Affengruber, L., Hooft, L., Kleinjen, J., Gartlehner, G., Nussbaumer-Streit, B., Mahmic-Kaknjo, M., Marques, M.E., Silva, A.G., Baladia, E., **Kassianos, A.P.**, Ellen, M., Kontogiorgis, C., Poulentzas, G., Riva, N., Berg, R.C., Frampton, G., Spijker, R. (**in preparation**). Improving efficiency of systematic reviews production through an exploration of available methods and tools: A scoping review.

Kassianos, A.P., Sheringham, J., Martin, P., Horne, R., Allinson, J., Brill, S., Viles, B., Mickelson, C., Raine, R., Wedzicha, J.A. (**in preparation**). Cohort study examining associations between beliefs about medications and COPD long term antibiotic adherence over time. *Journal of Behavioral Medicine*. **IF: 2.868**

Thorneloe, R., Epton, T., Fynn, W., Daly, M., Stanulewicz, N., **Kassianos, A.**, ... Hart, J. (**2020, preprint**). Scoping review of mobile phone app uptake and engagement to inform digital contact tracing tools for COVID-19 Retrieved from psyarxiv.com/qe9b6

Books/Book Chapters

2022

Kassianos A.P. (Ed.). (**2022**). Handbook of Quality of Life in Cancer. *Springer*. <https://doi.org/10.1007/978-3-030-84702-9>

Kassianos, A. P., & Tsounta, S. (**2022**). Defining Quality of Life. In *Handbook of Quality of Life in Cancer* (pp. 3-5). Springer, Cham.

Karekla, M., **Kassianos, A.**, Papageorgiou, D. (**2022**). *Digital Acceptance and Commitment Therapy: Description of different digital modalities of intervention and evaluation of their impacts*. In H. Wilson (Ed.) Digital Delivery of Mental Health Therapies: A Guide to the Benefits, Challenges and Making it Work. Jessica Kingsley Publishers

2019

Charalambous, H. and **Kassianos, A.P.** (**2019**). *Early Palliative Care (EPC) trials for patients with advanced incurable cancer: what have we learned and how can we improve future trials and patients' care*. In M. Silberman (Ed.) Palliative

Care: Volume 2, The Role and Importance of Research in Promoting Palliative Care Practice: Methods and Outcomes. Nova Science Publishers, Inc.

2018

Ioannou, M. and **Kassianos, A.P. (2018)**. *The development of prejudice in children: Concepts and arguments and the case of Cyprus*. In T. Kyritsi & N. Christofis (Eds.) *Cypriot Nationalisms in Context: History, Identity, and Politics*, pages 221-242. Palgrave Macmillan. doi: 10.1007/978-3-319-97804-8_11

Kassianos A.P. (2018). *Η Ψυχολογική Κατασκευή του 'Άλλου'* [The psychological construction of the 'Other']. In A. Chr. Alekou (Ed.) *Ο Χρήσιμος Εχθρός: Κείμενα για την Κατασκευή του 'Άλλου'* [The useful enemy: Texts about the construction of the 'Other']. University of Cyprus Publications.

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Kassianos, A.P. (2016). *Quality of Life Research*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

Kassianos, A.P. (2016). *History of Pharmacological Treatments for Mental Health*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

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Kassianos, A.P. (2016). *Behavioural Pharmacology and Substance Abuse*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

2014

Kassianos, A. (2014). *Understanding Lifestyle-Related Psychosocial Processes After Prostate Cancer Diagnosis*. Unpublished Doctoral Thesis, University of Surrey, Guildford, UK. Available at: <http://epubs.surrey.ac.uk/805144/>

World Health Organization. Management of Substance Abuse Unit. (2014). *Global status report on alcohol and health, 2014*. World Health Organization. [Contributed as part of WHO internship in 2012 – **acknowledged**]

Under review/in preparation

Dodlek, N., Charalambous, A., Avraamides, M., **Kassianos, A.P. (in preparation)**. *Virtual spaces in supportive care*. In Charalambous A. *Critical Perspectives on Technological Innovations in Healthcare - Building the Future*. Springer Nature

* For further information on publications please refer to: https://www.researchgate.net/profile/Angelos_Kassianos

11. Editorial Duties *

Sep 2024 - present	Associate Editor of the British Journal of Health Psychology (IF: 3.5).
Jul 2024-Jul 2026	Editorial Advisory Board Member of the Journal of Psychosocial Oncology Research and Practice (JPORP)
Jul 2019-present	Associate Editor of the Quality of Life Research journal (IF: 2.392).
Feb 2016-present	Review Editor of the Editorial Board of Frontiers in Applied Mathematics and Statistics and Psychology (Section: Quantitative Psychology and Measurement)

Aug 2014-present	Ad-hoc Reviewer for European Journal of Cancer Care, Archives of Public Health journal, Journal of Health Psychology, Quality of Life Research journal, BMJ Open, Journal of Patient Reported Outcomes, New England Journal of Medicine
Sep 2015 – Sep 2020	Member of the International Editorial Reviewer Board for the International Journal of Healthcare (IJH)
Jan 2018	Guest Editor of a Special Issue of the <i>European Health Psychologist</i> journal (title: ‘Health Psychology Practice in Europe and other EHPS member-countries: A first step to moving forward together’)

* For further information on reviews please refer to: <https://publons.com/author/437672/angelos-kassianos#profile>

12. Event/conference organization and chairing

Chairing

28 th August 2024	COST Action CA21152 Conference: Empowering cancer survivors: Innovations and insights through digital solutions (Gdansk) , chaired a Q&A session, session chair
04-08 September 2023	European Health Psychology Society (EHPS) Annual Conference 2023 (Bremen) , chaired a poster session ‘Improving the lives of people with chronic conditions – approaches to intervention’, session chair
04-08 September 2023	European Health Psychology Society (EHPS) Annual Conference 2023 (Bremen) , chaired a poster session ‘Digital chronic disease management’, session chair
22 October 2022	Europa Donna Cyprus Scientific Conference ‘The Right to be Forgotten’, chaired an oral session, session chair
23-27 August 2022	European Congress of Psychology (ECP) 2022 (Ljubljana) , chaired an oral session: ‘The COVID-19 Pandemic: Psychological Support and Governmental Responses’, session chair
05 -07 July 2022	European Congress of Psychology (ECP) 2022 (Ljubljana) , chaired an oral session: ‘The COVID-19 Pandemic: Psychological Support and Governmental Responses’, session chair
22–27 August 2021	European Health Psychology Society (EHPS) Annual Conference 2021 (virtual) , chaired 5-minute oral session: Coping and adjustment to chronic disease’, session chair

Committee Member

25 th November 2024	CUT Department of Nursing Seminar , The Health System and Its People: Research Challenges Across the Health Care Pathway [Το Σύστημα Υγείας και οι Άνθρωποί του: Ερευνητικές Προκλήσεις σε Όλη την Τροχιά της Υγείας], Limassol, Cyprus Scientific Committee Member .
16 th October 2024	DESIPOC Awareness Event ‘Psychosocial Oncology Care: Challenges and Opportunities’, Limassol, Cyprus, Organising Committee Chair and Presenter
01-04 July 2025	19th European Congress of Psychology (ECP) (Paphos) organised by the European Federation of Psychologists’ Associations (EFPA) and the Cyprus Psychologists’ Association (CYPSA), member of the Scientific and Local Organising Committees
17 th January 2024	Co-OPERATOR Scientific Seminar ‘Insights into Vaccination Hesitancy’, Limassol, Cyprus, Organising Committee Chair and Presenter

- 29-31 March 2023 **9th International Multidisciplinary Research Conference ‘Society, Health, Welfare’**, Riga Stradiņš University, Riga, Latvia, **member of the international research committee**
- 03 December 2022 **SAFEST Scientific Seminar ‘Vaccination Acceptance: research evidence and lessons learnt from COVID-19 and paediatric vaccines’**, Limassol, Cyprus¹⁹, **Organising Committee Chair**
- 28-29 April 2022 **EORTC Quality of Life Group Spring Meeting 2022**, Limassol, Cyprus, **member of the Local Organizing Committee.**
- Jan 2012 **University of Surrey Postgraduate Research Conference**, Guildford, UK, **volunteer.**
- July 2006 **26th International Congress of Applied Psychology**, Athens, Greece, **volunteer.**

13. Invited Talks, Presentations, and Training

Kassianos, A.P. (2025, February). Behavioural science and cancer: from prevention to psychosocial care [*Συμπεριφορικές επιστήμες και καρκίνος: από την πρόληψη μέχρι την ψυχοκοινωνική φροντίδα*]. **Invited presentation** at the 01st Pancyprian Oncology Conference, Nicosia, Cyprus.

Kassianos, A.P. (2025, February). Do we care enough for the quality of life of carers of individuals with cancer experience? Evidence and Challenges. [*Νοιαζόμαστε αρκετά για την ποιότητα ζωής των φροντιστών ατόμων με εμπειρία καρκίνου; Δεδομένα και προκλήσεις*]. **Invited presentation** at the Cyprus Cancer Patients and Friends Association (PASYKAF) 02nd Conference for individuals with experience with cancer, Nicosia, Cyprus.

Kassianos, A.P. (2025, January). *Vaccine acceptance from the perspective of the individual: individual behavior and vaccine hesitancy.* **Invited presentation** to a Workshop ‘Increasing seasonal vaccines acceptance: an ongoing challenge’ organized by University of Pisa, Pisa, Italy.

Kassianos, A.P., Manoli, A. (2024, December). *Μελέτη Διαθέτω Υπεύθυνα-18-Ζητώ Ταυτότητα.* **Invited presentation** to a press conference by National Authority of Addictions Cyprus (NAAC), Nicosia, Cyprus.

Kassianos, A.P. (2024, December). *Exploring the provision of psychosocial oncology care in Europe: the DESIPOC project [Διερεύνηση της παροχής ψυχο-κοινωνικής ογκολογικής φροντίδας στην Ευρώπη: το έργο DESIPOC].* **Invited presentation** at the University of Cyprus 05th Interdisciplinary Forum, Nicosia, Cyprus.

Kassianos, A.P. (2024, October). *Securing and Submitting Research Funding Applications.* **Invited training** at the University of Cyprus’ Clinical Psychology Doctorate, Nicosia, Cyprus

Kassianos, A.P. (2024, October). *The Role and Contribution of Research to the Development of Oncology Nursing and the Services Provided [Ο Ρόλος και η Συμβολή της Έρευνας στην Ανάπτυξη της Ογκολογικής Νοσηλευτικής και των Παρεχόμενων Υπηρεσιών].* **Invited presentation** at the Cyprus Anti-Cancer Society’s ‘Making Progress in Cancer Care’ Conference Nursing Seminar, Limassol, Cyprus.

Kassianos, A.P. (2024, October). *Impact of Early Palliative Care on Quality of Life.* **Invited presentation** at the Cyprus Anti-Cancer Society’s ‘Making Progress in Cancer Care’ Conference, Limassol, Cyprus.

Kassianos, A.P. (2024, September). *NURTURE and Prevention in Cancer Nursing.* **Invited presentation** at the workshop N.U.R.T.U.R.E. – Time to invest in cancer nurses organized by the European Oncology Nursing Society (EONS) at the European Society for Medical Oncology (ESMO) Annual Congress, Barcelona, Spain.

Kassianos, A.P. (2024, June). *Tackling vaccination hesitancy for promoting vaccination messages to the population.* **Invited presentation** at the EU Workshop ‘Translating research evidence into evidence-based recommendations and sharing best practices for vaccination promotion: the role of civic and patient organisations’ organized by Active Citizenship Network, Brussels (talk online).

¹⁹ <https://www.cut.ac.cy/news/article/?contentId=505320>

Kassianos, A.P. (2024, April). *Use of digital tools for the benefit of the patient: From prevention to data collection (Χρήση ψηφιακών εργαλείων προς όφελος των ασθενών: Από την Πρόληψη στη Συλλογή Πληροφοριών).* **Invited presentation** at the scientific seminar The Role of Technology in Cancer Care in Cyprus organized by the CYENS Centre of Excellence and Europa Donna Cyprus, Nicosia, Cyprus.

Kassianos, A.P. (2024, April). *Student Health Behaviors (Συμπεριφορές Υγείας Φοιτητών).* **Invited presentation** at the 01st Scientific Seminar of Psychiatric Nursing of Children and Adolescents, Limassol, Cyprus.

Kassianos A.P. (2024, March). *Collecting patient experiences: how can we do better?* **Invited presentation** at the Mid Sussex Prostate Cancer Support Group (virtual).

Kassianos A.P. (2024, February). *Psychological impact for patients with rare diseases [Ψυχολογικός αντίκτυπος για τα άτομα με σπάνιες παθήσεις].* **Invited presentation** at Seminar for Rare Diseases, Limassol, Cyprus.

Kassianos, A.P. (2024, February). *Investigating vaccination hesitancy: From the SAFEST project to co-OPERATOR.* **Invited presentation** at the event ‘Strengthening vaccination policies towards the 2024 European elections: from recommendations to concrete experiences’ organised by Active Citizenship Network at the European Parliament, Brussels, Belgium²⁰.

Kassianos A.P. (2023, September). *The psychological and social dimensions of cancer care.* **Invited webinar** for Union for International Cancer Control (UICC) Master course: Supportive care - a catalyst for integrated people-centred cancer care (virtual).

Kassianos A.P. (2023, September). *Psycho-oncological aspects faced by haematological oncology patients.* **Invited presentation** at the Baltic Haematology Conference (virtual).²¹

Kassianos, A.P. (2023, September). *[Ποιότητα ζωής σε άτομα με αιματολογικές κακοήθειες] Quality of life in individuals with blood cancer.* **Invited presentation** at Antileukemic Association ‘ΖΩΗ’ Pancyprian conference, Nicosia, Cyprus.

Kassianos, A.P. (2023, July). *[Προκαταρκτικές αναλύσεις των αποτελεσμάτων της ποιότητας ζωής στην κλινική δοκιμή] Preliminary analyses of the clinical trials’ quality of life results.* **Invited presentation** at the MEDISKIN project dissemination event organized by RSL Ltd, Limassol, Cyprus.

Kassianos A.P. (2023, June). *Collecting quality of life and other patient-reported outcome measures (PROMs) in clinical trials.* **Invited presentation** at the UCL Patient Engagement Day workshop organised by UCL Cancer Trials Centre, London, UK.

Kassianos, A.P. (2023, May). *Designing digital health tools for helping cancer patients manage their symptoms at home and optimize their quality of life.* **Invited speech** at Society for Integrative Oncology (SIO) annual workshop, Limassol, Cyprus.

Kassianos, A.P., (2023, April). *Integrating technology with psychological science: eHealth tools promoting wellbeing and behaviour change.* **Invited keynote speech** at Riga Stradiņš University, 9th international scientific and practical conference, Online.²²

Kassianos, A.P. (2023, March). *The Value of Health-Related Quality of Life in Caring for Cancer Patients: The Psycho-Oncological Perspective.* **Invited keynote speech** at Riga Stradiņš University Research Week and 9th International Multidisciplinary Research Conference (topic Society, Health, Welfare), Riga, Latvia.²³

Kassianos, A.P. (2023, March). *Psycho-Oncology research methods.* **Invited Online Seminar** organised by Riga Stradiņš University.

Kassianos A.P. (2022, November). Panel Discussion. **Workshop EIT Health i-Days 2022** organised by Junior Achievement (JA) Cyprus, **Scientific Panel**, Nicosia, Cyprus.

²⁰ <https://www.activecitizenship.net/insights/1190-strengthening-vaccination-policies-towards-the-2024-european-elections-from-recommendations-to-concrete-experiences.html>

²¹ https://improtravel.lv/BHC_home/?page=faculty

²² <https://www.rsu.lv/veseliba-un-personibas-attistiba-starpdisciplinara-pieejja-2023>

²³ <https://rw2023.rsu.lv/conferences/society-health-welfare/> / <https://rw2023.rsu.lv/keynote-speakers>

Kassianos, A.P. (2022, October). *Developing novel methods to measure and assess quality of life of patients with cancer.* **Invited presentation** for National Quality of Life and Cancer Platform **Seminar** (virtual) by CHRU Nancy.

Kassianos, A.P. (2022, June). *Developing and evaluating evidence-based digital health interventions: case studies and good practices [η ανάπτυξη και αξιολόγηση παρεμβάσεων υγείας με τη χρήση της τεχνολογίας: παραδείγματα και καλές πρακτικές].* **Invited presentation** for eLily2 project **Seminar**, Limassol, Cyprus.

Kassianos, A.P. (2022, May). *Developing innovative tools for assessing health-related quality of life of cancer patients [ανάπτυξη καινοτόμων εργαλείων για την αξιολόγηση της ποιότητας ζωής ογκολογικών ασθενών].* **Invited presentation** for Mediskin **Seminar Series** ‘perspectives on skin side effects of cancer therapy’. Limassol, Cyprus.²⁴

Kassianos, A.P. (2022, April). *Developing and evaluating evidence-based digital health interventions.* **Invited keynote presentation** at European Federation for Psychology Students Associations (EFPISA) **Congress**, Agros, Cyprus.

Karekla, M and **Kassianos A.P. (2022, March).** *Conspiracy beliefs, lockdown compliance, and the importance of psychological flexibility.* **Invited presentation** for the 5th Annual Bedford VAMC Social Work **Symposium**, Hindsight is 2020: Perspectives on Race, Reality & the Pandemic (virtual).

Kassianos, A.P. (2022, February). *Hesitancy towards vaccinations: Lessons learnt from local and international studies.* **Topic:** Cyprus University of Technology Department of Nursing **PhD Seminar**, Limassol, Cyprus.

Kassianos, A.P. (2021, September). *Moving beyond traditional methods of identifying and overcoming negative attitudes towards vaccinations (ACTION team).* **Fellows Seminar** presentation at the Montpellier Advanced Knowledge Institute of Transitions (MAKiT), Montpellier, France.

Kassianos, A.P. (2021, April). *Tensions in caring for patients with chronic conditions in terms of medication adherence: Evidence from interviews with medical doctors in Cyprus.* **Invited presentation** at Understanding Health through Qualitative Methods: Perspectives from Clinical, Social and Health Psychology **Virtual Symposium** organised by the University of Cyprus, Social Psychology Committee, and the Cyprus Psychologists’ Association.²⁵

Kassianos, A.P. (2019, November). *Journey to become an academic/researcher in Health Psychology.* **Invited Lecture** at St Mary’s University, London, UK.

Kassianos, A.P. (2018, October). *The impact of Specialized Palliative Care on cancer patients’ Health-Related Quality of Life: A systematic review and meta-analysis.* **Invited presentation** at Psychology and Health: Best Practices in Practice **Conference**, organised by the Cyprus Psychologists’ Association, Nicosia, Cyprus.²⁶

Kassianos, A.P. (2018, February). *Using online simulations to teach medical students clinical reasoning applied to tasks faced in primary care.* **Invited presentation** at the Cyprus University of Technology Nursing School **Research Seminar**, Limassol, Cyprus.

Kassianos, A.P. (2016, December). *‘Get Together Case’: Use by KUSOM IMED students.* **Invited presentation** at the Koç University School of Medicine **Faculty Meeting**, Istanbul, Turkey.

Kassianos, A.P. (2016, October). *Tackling Europe’s key health challenges: From treating disease to preventing disease.* **Invited presentation** at a **Public Hearing** at the European Parliament: ‘Towards an mHealth framework for Europe’, Brussels, Belgium²⁷.

Kassianos, A.P. (2015, June). *[Οι επιπτώσεις της οικονομικής κρίσης στην υγεία και στα συστήματα υγείας – Ευρήματα και διδάγματα για την Κύπρο] The impact of economic crisis in health and health systems: findings and evidence for Cyprus.* **Invited talk** at Promitheas Institute Conference in memory of Rolandos Katsiaounis, Nicosia, Cyprus.

²⁴ <https://www.facebook.com/watch/?v=1161297137843315> / <https://www.reporter.com.cy/celebrity/article/971560/>

²⁵ <https://ucy.ac.cy/qualmethodshealthpsy/programme>

²⁶ <https://www.cypsa.org.cy/psychology-health-best-practices-in-practice-en/>

²⁷ <http://www.i-prognosis.eu/?p=1329> / <http://www.europarl.europa.eu/cmsdata/109034/1.%20A.%20Kassianos.pdf>

Kassianos, A.P. (2015, April). *Psychosocial Oncology*. **Invited Lecture** at the Hellenic College (Health Psychology Module), Boston, USA.

Kassianos, A.P., Coyle, A., Raats, M (2014, July). *Perceived influences on post-diagnostic dietary change among a group of men with prostate cancer*. **Invited presentation** at the **Qualitative Research Forum**, University of Cambridge, Primary Care Unit in Cambridge, UK.

14. Contribution to conferences

As presenter

2024

Kassianos, A.P., Rojas-Garcia, A., Montagni, I., Kolokotroni, O., Alvarez-Galvez, J. (2024, September). *Characterisation of network properties and complex vaccination behaviours*. **Oral presentation**. European Health Psychology Society (EHPS) Annual Conference, Cascais, Portugal.

Kassianos, A.P. (2024, August). *Collecting patient reported outcome measures from cancer survivors using ecologically momentary assessment methods*. **Oral presentation**. COST Action CA21152 Conference: Empowering cancer survivors: Innovations and insights through digital solutions, Gdansk, Poland

2023

Kassianos A. P., Konstantinou P., Kasinopoulos O., Karashiali C., Georgiou, G., Antoniadou M., Kkamari A., Panayides A., Wozniak, G., Papageorgiou, A., Pattichis C., Karekla M. (2023, September). *Developing a digital intervention for helping chronic patients adhere to their medication: The Stay-On-Track tool*. **Poster presentation**. European Health Psychology Society (EHPS) Annual Conference, Bremen, Germany.

Kassianos, A.P., Kyprianidou, M., Konstantinou, P., Alvarez-Galvez, J., Betsch, C., Ceccarelli, L., Gruszczyńska, E., Mierzejewska-Floreani, D., Montagni, I., Tavoschi, L., Middleton, N., Kassianos, G.C., Karekla, M., Bohm, R. (2023, September). *Investigating vaccine hesitancy and the intention-behavior gap in the context of COVID-19: A multi-country, prospective, longitudinal study*. **Oral presentation**. European Health Psychology Society (EHPS) Annual Conference, Bremen, Germany.

Kassianos, A.P., Konstantinou, P., Kasinopoulos, O., Karashiali, C., Georgiou, G., Antoniadou, M., Kkamari, A., Panayides, A., Wozniak, G., Papageorgiou, A., Pattichis, C., Karekla, M. (2023, July). *Developing a digital health intervention for helping chronic patients adhere to their prescribed medication: The Stay-On-Track (SoT) tool*. **Oral presentation**: Association for Contextual Behavioral Science (ACBS) World Conference, Nicosia, Cyprus.

2022

Kassianos, A.P., Matsangidou, M., Stavrinaki, M., Papaioannou, D., Solomou, T., Antoniadou, M., Pattichis, C., Karekla, M. (2022, November). *Designing digital health tools for helping metastatic breast cancer patients manage symptoms at home and optimize quality of life: PRICE and MET-GUIDE*. **Poster presentation**: 13th European Breast Cancer Conference (EBCC), Barcelona, Spain.

Kassianos, A.P., Christodoulou, A., Konstantinou, P., Antoniou, A., Boda, Z., Iasonides, M., Kyprianidou, M., McHugh, L., Michaelides, M.P., Karekla, M. (2022, August). *Examining the social contagion of attitudes towards childhood vaccination in parental networks: Work in Progress*. **Poster presentation**: European Health Psychology Society (EHPS) Conference, Bratislava, Slovakia.

Kassianos, A.P., Kyprianidou, M., Konstantinou, P., Alvarez-Galvez, J., Ceccarelli, L., Gruszczyńska, E., Mierzejewska-Floreani D., Loumba, L., Montagni, I., Tavoschi, L., Karekla, M. (2022, August). *Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal, and demographic determinants*. **Oral presentation**: European Health Psychology Society (EHPS) Conference, Bratislava, Slovakia.

Kassianos, A.P., Kyprianidou, M., Konstantinou, P., Alvarez-Galvez, J., Ceccarelli, L., Gruszczyńska, E., Mierzejewska-Floreani D., Loumba, L., Montagni, I., Tavoschi, L., Karekla, M. (2022, July). *Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal, and demographic determinants*. **Oral presentation**: European Congress of Psychology (ECP), Ljubljana, Slovenia.

Kassianos, A.P., Inauen, J., Clarke, A., Dimitropoulou, P. (2022, July). *Governmental response to promote wellbeing related to COVID-19 pandemic: Results from the EFPA Board on Prevention and Intervention Expert Survey*. **Oral presentation:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Dimitropoulou, P. & Kassianos A.P. (2022, July). *First Phase of COVID-19 Outbreak: The Case of Greece and Cyprus as Reported by the EUCLID Project* in Symposium Health and Mental Health Issues During the COVID-19 Pandemic: The Experience of EFPA's Board of Promotion and Prevention. **Oral presentation:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Dimitropoulou, P., Gaspar de Matos, M., Inauen, J., **Kassianos, A.P.,** Clarke, A., Postuvan, V. (2022, July). *Promotion and Prevention during COVID 19 Pandemics: The Impact of Behavioural Sciences in Public Policies*. **Roundtable:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Hart, J., Karekla, M., Hoefler, S, Csabai, M., **Kassianos, A.P. (2022, July).** *Should we develop European standards of competencies for health psychology?* **Pro-contra debate:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

2021

Kassianos, A.P. (2022, April). *Developing and evaluating evidence-based digital health interventions*. **Oral presentation:** European Federation for Psychology Students Associations (EFPSA) Congress, Agros, Cyprus.

Kassianos, A.P., Farooqi, M. (co-presenter), Plackett, R., Sheringham, J. (2021, September). *Being a medical educator from the 'outside' -the value of the medical registrar's 'insider' perspective*. **Oral presentation:** Behavioural and Social Sciences Teaching in Medicine (BeSST) Virtual Conference.

Kassianos, A.P., Kasinopoulos, O., Konstantinou, P., Kadianiaki, I., Michael, C., Papageorgiou, A., Karashiali, C., Karekla, M. (2021, August). *Healthcare providers' views on medication adherence across chronic health conditions: A Qualitative Study*. **Oral presentation:** European Health Psychology Society (EHPS) Annual Conference (virtual).

2019

Kassianos, A.P., Anjuman, T., Demakakos, P. (2019, November). *Subjective wellbeing as predictor of participation in a national colorectal cancer screening programme in the UK*. **Oral presentation:** 1st European Congress of Clinical Psychology and Psychological Treatment of EACLIPT, Dresden, Germany.

Plass, A.M., **Kassianos, A.P.,** on behalf of the EHPS task force to moving forward health psychology, McElvaney, R., on behalf of EFPA, Karademas, V., on behalf of EHPS EC. (2019, September). *The future of Health Psychology: A movement towards societal visibility, global consensus and international mobility*. **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Dubrovnik, Croatia.

2018

Kassianos, A.P., Ioannou, M., Koutsantoni, M., Charalambous, H. (2018, October). *The impact of Specialized Palliative Care on cancer patients' Health-Related Quality of Life: A systematic review and meta-analysis*. **Oral presentation:** Psychology and Health: Best Practices in Practice Conference, Nicosia, Cyprus.

Kassianos, A.P., Ward, E., Rojas-Garcia, A., Kurti, A., Mitchell, F., Nostikasari, D., Payton, J., Saadi, J-P, Spears, C.A., Notley N. (2018, August). *A systematic review of breastfeeding interventions among postpartum women, using the Behaviour Change Techniques taxonomy* **Poster presentation:** European Health Psychology Society (EHPS) Annual Conference, Galway, Ireland.

Plass, A.M., McSharry, J., Hamilton K., Nieuwenboom, W., **Kassianos A.P. (2018, August).** *Health psychology practice in Europe and other countries represented in the EHPS: Moving forward together* **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Galway, Ireland.

Kassianos, A.P., Plackett, R., Bertelsen, N., Bayram, H., Gönenli, G., Zeybel, M., Sheringham, J. (2018, July). *Adapting UK medical e-learning resources to middle-income settings: A pilot study of 'eCREST'* **Poster presentation:** Health Services Research UK Annual Conference, Nottingham, UK.

2017

Andersson S.I., Gruszczynska, E., **Kassianos, A.P.,** Plass, A.M. (2017, August). *Health psychology: part of behavioural medicine to produce strategic big-data medical research?* **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Padua, Italy.

2016

Swanson, V., Byrne, M., McSharry, J., Mullen, B., **Kassianos, A.P.**, Schoberberger, R. (2016, August). *Health psychology practice in Europe: Taking stock and moving forward together*. **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Aberdeen, Scotland.

Sherringham, J., Sequeira, R., Myles, J., Hamilton, W., **Kassianos, A.P.**, McDonnell, J., Offman, J., Duffy, S., Raine, R. (2016, June). *What influences GPs' decisions to investigate suspected lung cancer? A factorial experiment using multimedia vignettes*. **Poster presentation**: 1st European Diagnostic Error in Medicine Conference, Rotterdam, The Netherlands. <https://www.degruyter.com/downloadpdf/j/dx.2016.3.issue-2/dx-2016-0015/dx-2016-0015.pdf>

Iniatis, G., Georgiou, G., **Kassianos, A.P.**, Nicolaou, S., Papaconstantinou, E. (2016, February). *Using new technologies for improving psychotropic medication adherence*. **Poster presentation**: 2nd Behaviour Change Conference: Digital Health and Wellbeing, London, UK. *Frontiers Public Health*. doi: 10.3389/conf.FPUBH.2016.01.00114

2015

Kassianos, A.P., Ioannou, M., Koutsantoni, M., Charalambous, H. (2015, September). *The impact of palliative care on cancer patients' health-related quality of life: a systematic review and meta-analysis*. **Poster presentation**: European Health Psychology Society (EHPS) Annual Conference, Limassol, Cyprus.

Georgiou, G., **Kassianos, A.P.**, Iniatis, G., Nicolaou, S. (2015, September). *Development of an mHealth application for adherence to psychotropic medication*. **Poster presentation**: European Health Psychology Society (EHPS) Annual Conference, Limassol, Cyprus.

Kassianos, A.P., Marengo, P., Mareva, S., Muñoz, V., Ott, C., Schmidt, B., Thomson, D., & Wingen, T. (2015, July). *Ecological Momentary Assessment of University Students' Health-Related Quality of Life using a Smartphone Application: a Modality Testing*. **Oral presentation**: 9th JRP European Summer School, Escorial, Spain.

2014

Kassianos, A.P., Coyle, A., Raats, M (2014, July). *Perceived influences on post-diagnostic dietary change among a group of men with prostate cancer*. **Oral presentation**: Qualitative Research Forum, University of Cambridge, Primary Care Unit in Cambridge, UK.

2013

Kassianos, A.P. and Raats M. (2013, July). *An underlying mechanism of change: how prostate cancer patients make sense of dietary changes*. **Oral presentation**: European Health Psychology Society (EHPS) Annual Conference, Bordeaux, France. *Psychology and Health*, Vol. 28 (pp112-3).

2012

Kassianos, A.P., Raats, M. and Gage, H. (2012, December). *Association between Health-Related Quality of Life and dietary changes among cancer patients: a systematic review*. **Poster presentation**: UK Society for Behavioural Medicine Annual Conference, Manchester, UK.

Kassianos, A.P., Raats, M., Rayman, M. and Gage, H. (2012, August). *Information needs and information-seeking behaviour*. **Poster presentation**: 26th Annual European Health Psychology Society (EHPS) Annual Conference, Prague, Czech Republic. *Psychology and Health* Vol. 27 (pp241-2).

2011

Kassianos, A.P., Raats, M., Rayman, M. and Gage, H. (2011, October). *Information needs and information-seeking behaviour*. **Poster presentation**: Prostate Cancer Charity National Research Conference "From laboratory to life: progress in prostate cancer", London, UK.

2010

Kassianos, A.P., Raats, M., Rayman, M. and Gage, H. (2010, April). *Information needs and information-seeking behaviour related to prostate cancer*. **Oral presentation**: 11th Annual Psychology Research Student Conference at the University of Surrey, Guildford, UK.

2009

Kassianos, A.P., Raats, M. and Gage, H. (2009, February). *An investigation on the impact of dietetic and nutritional*

changes on the psychological well-being and quality of life of post-diagnosis prostate cancer patients. **Poster presentation:** 10th Annual Psychology Research Student Conference at the University of Surrey, Guildford, UK.

Other conference presentations as non-presenter

(March, 2025). Protective Effects of an Atelocollagen Complex-Based Dermaceutical in Reducing Radiation Dermatitis and Enhancing Skin Health in Breast Cancer Patients: A Pilot Clinical Trial. Oral presentation at the European Wound Management Association Conference.

Middleton, N., Papapetrou, M., Moore, M., Nicolaou, C., Karanikola, M., Kyranou, M., Kassianos, A., Hadjigeorgiou, E., Orphanides-Eteokleous, I., Kolokotroni, O. (November, 2024). A socially interactive communication skills training for competent health educators. Oral presentation at the European Public Health Association Conference, *European Journal of Public Health*, Volume 34, Issue Supplement_3, November 2024, ckae144.1640, <https://doi.org/10.1093/eurpub/ckae144.1640>

Gianluca Cruschelli, Francesco Baglivo, Luigi De Angelis, Milena Pasquale, Lara Tavoschi, Angelos Kassianos, Caterina Rizzo (October, 2024). Insights from the co-OPERATOR project: How can healthcare professionals promote vaccination and address vaccine hesitancy. National Conference on Public Health, organized by the Italian Society of Hygiene and Preventive Medicine.

Milena Pasquale, Luigi De Angelis, Gianluca Cruschelli, Francesco Baglivo, Lara Tavoschi, Angelos Kassianos, Caterina Rizzo (October, 2024). COVID-19 Vaccination Hesitancy Determinants in the European Population: A Narrative Review from the co-OPERATOR Project. National Conference on Public Health, organized by the Italian Society of Hygiene and Preventive Medicine.

Francesco Baglivo, Gianluca Cruschelli, Luigi De Angelis, Milena Pasquale, Lara Tavoschi, Timo Clemens, Angelos Kassianos, Caterina Rizzo (October, 2024). Insights from the co-OPERATOR project: mapping EU countries' practices to enhance vaccination coverage and confidence regarding COVID-19 and Influenza vaccines. National Conference on Public Health, organized by the Italian Society of Hygiene and Preventive Medicine.

Dodlek, N., Kassianos, A.P., Avraamides, M., Flam, J., Miki, T.S.M. (September 2024). 1898P Efficacy of virtual reality-based interventions in cancer-related symptom management in AYA's: A systematic review. ESMO Congress, *Annals of Oncology*, 35:S1108 10.1016/j.annonc.2024.08.2117

Maria Dimitriadou, Laura Panagi, Christiana Nicolaou, Elena Rousou, Koralia Michail, Maria Kyprianidou, Nicos Middleton, Ourania Kolokotroni, Angelos P. Kassianos (September, 2024). Developing a Country-Observatory for Sharing Best Practices for Vaccination Promotion (co-OPERATOR). 6th Commonwealth Nurses and Midwives Conference.

Elena Rousou, Laura Panagi, Christiana Nicolaou, Koralia Michail, Maria Kyprianidou, Maria Dimitriadou, Nicos Middleton, Ourania Kolokotroni, Angelos P. Kassianos (June, 2024). Developing a Country-Observatory for Sharing Best Practices for Vaccination Promotion (co-OPERATOR). 9th International Conference on European Transcultural Nursing Association (ETNA).

A. Di Meglio, G. Catanuto, M. Zambon, A. Chan, A. Kassianos, C. Cloconi, S. Rohr, R. Steele, M. Coersmeyer, S. Ujupan, F.A. Peccatori (May, 2024). 273P Experiences and preferences about information on treatment (tx)-related side effects (SE) among patients (pts) with early breast cancer (EBC). ESMO Open, VOLUME 9, SUPPLEMENT 4, 103331, <https://doi.org/10.1016/j.esmoop.2024.103331>

Dodlek N, Kassianos A, Avraamides M, Flam J, Mikšić Š, Charalambous A (2024, April). Efficacy of collaborative virtual reality systems for remote support (home-based) of cancer patients and their informal caregivers. 3rd Doctoral Colloquium of the Cyprus Rectors' Conference.

Javier Alvarez-Galvez, Antonio Rojas-Garcia, Ourania Kolokotroni, Ilaria Montagni, Angelos Kassianos (2023, July). Network models of vaccine hesitancy on COVID-19 vaccines. The International Conference for Computational Social Science (IC2S2).

Despina Melanthiou, Pinelopi Konstantinou, Myria Ioannou, Katerina Georgiou, Ioannis Almas, Andrew T. Gloster, Angelos P. Kassianos, Maria Karekla (2023, July). The Impact of Acceptance and Commitment Therapy (ACT) on Psychological and Condition-Related Symptom Improvement among Chronic Health Conditions: A Systematic Review and Meta-Analysis. ACBS Conference.

Plackett, R., Thorpe, A., Kassianos, A., Kambouri, M., Sheringham, J. (2023, July). How do the diagnostic reasoning styles of UK medical and physician associate students compare? An exploratory study using an online patient

simulation tool. SAPC UK Conference.

Thorpe, A., Kassianos, A., Plackett, R., Kambouri, M., Sheringham J. (2023, July). Comparing the diagnostic reasoning styles of UK medical and physician associate students: an exploratory study using an online patient simulation tool. Health Services Research UK Conference.

Alvarez-Galvez, J., Kassianos, A.P., Rojas-Garcia, A., Kolokotroni, O., Montagni, I. (2022, October). Social contagion of health behaviours through complex networks: The case of vaccination decision-making during the COVID-19 pandemic. 2022 International Conference on Social Informatics.

Mersiha Mahmić-Kaknjo, Vicko Tomić, Moriah E. Ellen, Barbara Nussbaumer-Streit, Raluca Sfetcu, Eduard Baladia, Nicoletta Riva, Angelos P. Kassianos, Ana Marušić (2022, October). Which steps of systematic review production and updating should be prioritized for methods development and automation - preliminary results of a Delphi study. 3rd Evidence-Based Research Conference (virtual).

Karekla, M., Konstantinou, P., Georgiou, K., Kumar, N., Kyprianidou, M., Nicolaidis, C., Kassianos, A.P. (2022, August). Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review. European Health Psychology Society Conference.

Karekla, M., Konstantinou, P., Georgiou, K., Kumar, N., Kyprianidou, M., Nicolaidis, C., Kassianos, A.P. (2022, July). Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review. European Congress of Psychology.

Matsangidou, M.*, Kassianos, A.P.* , Papaioannou, D., Solomou, T., Krini, M., Karekla, M., Pattichis, C.S. (2022, April). Virtual painkillers: Designing accessible virtual reality experiences for helping cancer patients at home. In New Orleans '22: ACM CHI Conference on Human Factors in Computing Systems, April 30 – May 06, 2022, New Orleans, LA. ACM, New York, NY, USA, 10 pages. *shared first authors

Rousta P, Coens C, Pe M, Bottomley A, Abaza H, Cardoso Borges F, Eller Y, Kassianos A.P., Rogge A, Shrestha S, Grønbold M, Sprangers M, King M, Brandberg Y, Eggermont A, Holzner B, Velikova G, Reijneveld J, Flechtner H, Greimel E, Pogoda K, Dirven L, Musoro J. (2022, October). Minimal Important Differences (MID) by Anchoring to Patients' Rating of Change in Oncology: A Systematic Review. ISOQOL Conference.

Motrico E., Le H-N., Conejo-Cerón, A., Bina, R., Oztekin, D., Kassianos, A., Mateus, V., Rodriguez-Muñoz, M.F., Moreno-Peral, P., Lambregtse-van den Berg, M., Wilson, C., Valverde, T., Djatche, J., Moyer, S., Kinser, P. (2022, April). Theoretical and conceptual perspectives in the prevention of perinatal mental health disorders. Marce Conference.

Matsangidou, M.*, Kassianos, A.P.* , Papaioannou, D., Solomou, T., Krini, M., Karekla, M., Pattichis, C.S. (2022, April). Virtual painkillers: Designing accessible virtual reality experiences for helping cancer patients at home. In New Orleans '22: ACM CHI Conference on Human Factors in Computing Systems, April 30 – May 06, 2022, New Orleans, LA. ACM, New York, NY, USA, 10 pages. *shared first authors

Aneesa Pervez, Emily Parker, Angelos P. Kassianos, Ruth Plackett, Maria Kambouri and Jessica Sheringham. (2022, March). Clinical Reasoning Education Beyond Medical School: Adapting the electronic Clinical Reasoning Educational Simulation Tool (eCREST). UCL Education Conference.

Sonia Conejo-Cerón, Huynh-Nhu Le, Deniz Oztekin, Rena Bena, Vera Mateus, Angelos Kassianos, Patricia Moreno-Peral, M^a Fe Rodríguez Muñoz, Catarina Barata, Emma Motrico (2021, September). Effectiveness of interventions for the prevention of perinatal depression: A systematic review of systematic reviews and meta-analyses. 41st Society for Reproductive and Infant Psychology (SRIP) International Conference.

Christiana Nicolaou, Joanna Menikou, Andrew Gloster, Maria Karekla, Angelos Kassianos (2021, September). Mental health status of health care workers during the COVID-19 outbreak: An International Study. World Congress of Epidemiology.

Karekla, M., Konstantinou, P., Georgiou, G., Panayides, A., Papageorgiou, A., Wozniak, G., Kassianos, A.P. (2021, August). Medication adherence in chronic conditions: A scoping review of barriers, facilitators and interventions. European Health Psychology Society (EHPS) Annual Conference (virtual).

Konstantinou, P., Kasinopoulos, O., Karashiali, C., Georgiou, G., Panayides, A., Papageorgiou, A., Wozniak, G., Kassianos, A.P., Karekla, M. (2021, August). A scoping review of methods used to assess medication adherence in patients with chronic conditions. European Health Psychology Society (EHPS) Annual Conference (virtual).

Karekla, M., Kassianos, A.P., Gloster, A. (2021, February). Have the COVID-19 pandemic governmental measures impacted smoking behaviour? A study of 21 countries. SRNT Annual Conference.

Sagui-Henson, S. J., Martin, L. E., Baldwin, A. S., Cooperman, N. A., Kassianos, A. P., Mdege, N. D., Trucco, E. M., & Levens, S. M. (2020, April). Effects of a pilot guided imagery intervention on temporal discounting and food demand among overweight and obese adults. Poster accepted for presentation at the 41st Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Karekla, M., Konstantinou, P., Georgiou, G., Panayides, A., Papageorgiou, A., Wozniak, G., Kassianos A.P. (2020, April). Medication adherence in chronic conditions: A scoping review of barriers facilitators and interventions. Poster accepted for presentation at the 41st Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Plackett, R., Kassianos, A.P., Kambouri, M., Duffy, S., Raine, R., Sheringham, J., (2019, November). Supporting clinical reasoning teaching using online patient simulations: A feasibility randomised controlled trial. Oral presentation at the UK Clinical Reasoning in Medical Education Group Conference, York, UK.

Andersson, S. I., Kassianos, A., Paschali, A., Nieuwenboom, W., & Plass, A. M. (2019). Moving forward Health Psychology practice: Aims and work of a European Health Society (EHPS) Task Force. In XVI EUROPEAN CONGRESS OF PSYCHOLOGY (pp. 1180-1180). Moscow, Russia.

Notley, C., Kassianos, A.P., Nostikasari, D., Muirhead, F., Spears, C., Kurti, A., Payton J., (2019, February). PROJECT HATCH – Staying Healthy after Childbirth: Developing the evidence base for supporting smoking relapse prevention postpartum alongside other cancer preventative behaviours. Oral presentation at the 25th Annual Meeting of the Society for Research on nicotine and tobacco (SRNT), San Francisco.

Plackett, R., Sheringham, J., Kassianos, A., Duffy, S., Raine, R. (2018, June). Novel approaches to reducing diagnostic errors in future doctors: Feasibility trial of an online learning tool. Poster presentation at the Health Services Research UK Conference, Nottingham, UK.

Plackett, R., Kassianos, A.P., Sheringham, J., Schartau, P., Bennett, S., Valerio, C., Hopwood, J., Kay, N., Mylan, S., Hamilton, W., Duffy, S., Raine, S. (2018, April). Teaching medical students clinical reasoning tasks faced in primary care using theory-informed online simulation approach: design, development and early evaluation of the electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST). Oral presentation at the UCL Education Conference, London, UK.

Sheringham, J., Kassianos, A.P., Plackett, R., Schartau, P., Bennett, S., Valerio, C., Hopwood, J., Kay, N., Mylan, S., Hamilton, W., Duffy, S., Raine, R. (2018, January) electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST): Using online simulations to teach medical students clinical reasoning applied to tasks faced in primary care. Oral presentation at the Society for Academic Primary Care Conference, Madingley, UK.

Woringer, M., Jones-Nielsen, J., Zibarras, L., Evason, J., Kassianos, A., Harris, M., Majeed, A., Soljak, M. (2017, February). Development and validation of the Attitudes & beliefs about cardiovascular disease (ABCD) risk survey. Poster presentation at the NHS Health Check Conference, Leeds, UK.

15. PhD Theses Examination

2024	Kalia Nikolaou (PhD student)	Role: External Examiner (primary supervisor: Dr Alexandros Lordos, University of Cyprus) Title: Intergenerational self-regulation and youth wellbeing: Ecological Momentary Insights Institution: University of Cyprus, Department of Psychology
2024	Georgia Christou (PhD student)	Role: External Examiner (primary supervisor: Dr Alexandros Lordos, University of Cyprus) Title: Building Resilient Adolescents: Adolescent Capacities as a Road Map to Cope, Adapt, and Grow in the Midst of Daily Life Challenges

16. Entrepreneurial Activities

- Nov 2018 – Jun 2019 **EDUCATE training programme (7th cohort)**, selected as project manager of the eCREST project
UCL, Institute of Education
EDUCATE is a flagship programme for EdTech entrepreneurs promoting excellence and aiming to advance efficacy of EdTech. Training includes research training, a product development workshop, research & business clinics, business model and sustainability workshops and pitching.
- Mar 2017-Mar 2018 **2017 Young Transatlantic Innovation Leader Initiative (YTI) Fellow**, a programme of the U.S. Department of State in partnership with the German Marshall Fund of the United States (including a 2-week placement at the Centre for Entrepreneurial Innovation at Phoenix, USA: <http://blog.ceigateway.com/blog/ytili-pitch-2017>. **Fellow**
- Nov 2015 StayInTrack start-up. **Scholarship by SignalGenericX IoT Innovation Challenge** in collaboration with the Founder Institute Cyprus. **Co-founder**
- Oct 2015 StayInTrack start-up. **Award for top-6 start-ups** at the Cyprus Entrepreneurship Competition 2015. **Co-founder** (200€)

17. External engagement / Appearances on media

- 06th December 2024 Invited appearance, Signa TV, Mesimeri kai Kati on the Mystery Shopping study
- 12th June 2024 Podcast interview, from the Coalition for Life-Course Immunisation (CLCI), <https://www.vaccinestoday.eu/stories/helping-health-professionals-to-become-vaccine-champions/> also disseminated by European Scientific Working group on Influenza and other Respiratory Viruses (ESWI) <https://eswi.org/cnt/article/mobilising-healthcare-professionals-champion-vaccination-1377>
- 27th April 2024 Podcast interview, Voice of Impact (by Center of Social Innovation) on *Fake News και Εμβόλια*, <https://shorturl.at/hjvkC>
- 25th April 2024 Radio interview, Κανάλι 6 for World Immunization Week, <https://www.facebook.com/CyprusUniversityTechnology/videos/370558871985226>
- 17th May 2023 Invited appearance, Alpha TV, Alpha Enimerosi on conversion therapies representing CYPISA
- 04th Apr 2023 Podcast interview, NewTv_Cy Social Words (episode 5), <https://www.youtube.com/watch?v=luqvSZxdxPo>
- 20th Oct 2021 Podcast interview, University of Cyprus 'Science Talks' podcast series (episode 33), <https://anchor.fm/ucy-science-talks/episodes/33-e191rhe>
- 29th Jul 2021 Invited appearance, Astra radio, Mesimvrini Ekdosi on COVID-19 vaccination hesitancy

26th Jul 2021 Invited appearance, ERT radio, Athens Calling on COVID-19 vaccination hesitancy and impact

21st Jul 2021 Invited appearance, RIK (CYBC), Apo mera se mera on vaccination hesitancy

16th Jul 2021 Article, SciNews blog [re-printed in Phileleftheros, Politis, Haravgi newspapers] – ‘Διστακτικότητα προς τους εμβολιασμούς: τι γνωρίζουμε και τι μπορούμε να κάνουμε’ [Vaccine hesitancy: what do we know and what can we do] https://scinews.eu/arthrografia/66-scitalks/2820?fbclid=IwAR3FQ1iD1A5O1f5VPDiJrTSNTLIUz8i9TuxHDBc-gD5uiRSBzXI_Dq67D-w

08th Jul 2021 Invited appearance, Alpha TV, Alpha Enimerosi on COVID-19 vaccine hesitancy

01st Jul 2021 Invited appearance, RIK (CYBC), Prokliseis on COVID-19 vaccination hesitancy

May 2021 Video Spot AKEL on Health

14th Mar 2021 Article, Haravgi newspaper - ‘Ένας χρόνος πανδημίας, διδάγματα και αδικίες’ [One year of COVID-19 pandemic, lessons learnt and injustices]

25th Feb 2021 Interview, NEOLAIA newspaper

20th Feb 2021 Invited appearance, Alpha TV, Alpha news on the increase of smoking in Cyprus due to COVID-19

19th Feb 2021 Press Release for COVID-19 IMPACT publication (POLITIS newspaper)

19th Feb 2021 Interview, ISOQOL Mixed Methods Special Interest Group Newsletter

19th Feb 2021 Announcement, European Federation of Psychologists’ Associations (EFPA) Newsletter – ‘Announcement for Young Researcher Award 2020’

03rd Feb 2021 Invited appearance, RIK (CYBC) radio talk show ‘Λόγος και Αντίλογος’ [Logos kai Antilogos] with Maria Karekla

19th Jan 2021 Web interview, Astra Web TV on psychological aspects of COVID-19

18th Jan 2021 Invited appearance, POLITIS Radio on ‘Psychological aspects of COVID-19’

08th Jan 2021 Invited appearance, RIK (CYBC), TV news show ‘Από μέρα σε μέρα’ [Apo mera se mera] on how to deal with pandemic fatigue

03rd Jan 2021 Interview, Haravgi newspaper – ‘Σημαντικές ψυχολογικές επιπτώσεις από την πανδημία και τα μέτρα’ [Important psychological aspects of the COVID-19 pandemic and the measures taken]

21st Dec 2020 Press Conference, Cyprus National Broadcast Television (RIK1) – ‘Presenting COVID-19 IMPACT research to AKEL’

16th Dec 2020 Invited appearance, RIK CYBC, TV news show ‘Πρωινή Ενημέρωση’ [Proini Enimerosi], on psychological aspects of COVID-19

30th May 2020 Interview, Alltogethercy online blog – ‘Ο Κύπριος ερευνητής που συμμετέχει στην ανάπτυξη του εργαλείου Your COVID-19 Risk’ [The Cypriot researcher who is involved in developing the tool Your COVID-19 Risk] <https://www.alltogethercy.com/tag/dr-aggelos-kassianos/>

23 rd Oct 2019	UCY press release, UICC SPARC grant
Aug 2018	Articles on EHPS Early Career Award (Economy Today, Signalive etc.)
Mar 2017	Interview, German newspaper Die Zeit – for PhD work
Nov 2016	Correspondence on study visit to Koc Medical school through Global Engagement Fund, UCL website

18. Academic Supervision

Current Supervision

2024-2025	Antriani Dimitriou (BSc student)	Role: BSc Dissertation Supervisor Title: Impact of chemotherapy on cancer patients' anxiety and depression: Systematic Review Institution: Cyprus University of Technology, Nursing Department
2024-2025	Benjamin Weitz (MPH student)	Role: Co-Supervisor (with Dr Panayiotis Kouis University of Cyprus and Dr Carolina Zilli Vieira Harvard T.H. Chan School of Public Health) Title: The association of socio-economic and built environment characteristics with smoking behavior in a cohort of Greek Cypriot adults Institution: Cyprus Harvard Endowment Program for the Environment and Public Health - Master of Science Fellowship Program
2024-	Stephanie Tsounta (PhD student)	Role: PhD Primary Supervisor Title: TBD Institution: Cyprus University of Technology, Nursing Department
2022-	Andrea Cannas (PhD student)	Role: Member of PhD Supervisory Board (primary supervisor: Dr Ourania Kolokotroni) Title: The lifestyle profile of young adults of reproductive age and the association between nutrition (behavioural aspects of feeding and diet quality) with mental health. Institution: Cyprus University of Technology, Nursing Department
2022-	Nikolina Dodlek (PhD student)	Role: Member of PhD Supervisory Board (primary supervisor: Prof Andreas Charalambous) Title: Efficacy of collaborative virtual reality systems for remote support (home-based) of cancer patients and their informal caregivers Institution: Cyprus University of Technology, Nursing Department
2022-	Marios Louca (PhD student)	Role: PhD Primary Supervisor Title: TBD Institution: Cyprus University of Technology, Nursing Department

2022-	Maria Krini (PhD student)	Role: PhD Primary Supervisor Title: TBD Institution: Cyprus University of Technology, Nursing Department
2020-	Marianna Zacharia (PhD student)	Role: Advisor Title: 'Efficacy of Brief Interventions for female breast Cancer based on Acceptance and Commitment Therapy (I-CAN-ACT) for depression and physical pain' Institution: University of Cyprus, Department of Psychology

Past Supervision

2024	Anastasia Gathoni (BSc student)	Role: BSc Dissertation Supervisor Title: Psychological factors and physical activity lessening excessive weight gain in pregnant women for improved maternal and foetal health. Institution: Cyprus University of Technology, Nursing Department
2020-2024	Irene Smoleski (PhD student) Stopped	Role: Member of PhD Supervisory Board (primary supervisor: Dr Christiana Nicolaou) Title: 'Understanding social contagion and vaccination hesitancy among parents in Cyprus through mapping the social transmission of beliefs, attitudes and health literacy around vaccines' Institution: Cyprus University of Technology, Nursing Department (external)
2020-2022	Andronikos Strouthou (MSc student)	Role: MSc Dissertation Co-Supervisor Title: The psychosocial parameters of electronic cigarette utilization among middle and high public-school students in Cyprus Institution: University of Cyprus, Department of Psychology
2021 (7 months)	Emily Parker (PhD student)	Role: SPARC (NIHR Short Placement for Research Collaboration) Co-Supervisor Title: A qualitative exploration of uncertainty tolerance amongst student physician associates whilst using eCREST (electronic Clinical Reasoning Educational Simulation Tool). Funded by NIHR Institution: UCL, Department of Applied Health Research
2020-2021	Christos Ioannou (BSc student)	Role: BSc Dissertation Co-Supervisor Title: Psychological impact of COVID-19 Institution: University of Cyprus, Department of Psychology
2020-2021	Afroditi Kkamari (BSc student)	Role: BSc Dissertation Co-Supervisor Title: The positive effect of technology on chronic disease Institution: University of Cyprus, Department of Psychology
2020-2021	Marianna Chrysanthou (BSc student)	Role: BSc Dissertation Co-Supervisor Title: Data Collection of Cancer Patients Reported Outcomes using a

	student)	digital tool Institution: University of Cyprus, Department of Psychology
2019-2021	Polyxeni Michael-Vargiamidou (MSc student)	Role: Member of MSc Supervisory Board Title: '[Η διερεύνηση του συμπεριφορικού προφίλ των ασθενών που παρουσιάζουν χρόνια πόνο μετά από μαστεκτομή] Investigating the Behavioural Profile of Patients with Chronic Pain after Mastectomy' Institution: University of Cyprus, Department of Psychology
2019-2020	Sabrina Lingeman (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'Acceptability and feasibility of interventions promoting Breastfeeding: A systematic review of qualitative studies' Institution: UCL, Department of Applied Health Research
2019-2020	Nicola Stewart (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'Behaviour Change Techniques (BCT) used in interventions for HPV vaccination' Institution: UCL, Department of Applied Health Research
2019-2020	Ioannis Almas (BSc student)	Role: BSc Dissertation Co-Supervisor Title: 'Psychosocial factors related to the use of electronic cigarettes' Institution: University of Cyprus, Department of Psychology
2016-2019	Dr Natasha Kay, Dr Sophie Mylan, Dr Jenny Hopewood, Dr Patricia Schartau, Dr Shani Gray, Dr Jessica Timmis, Dr Agalya Ramanathan (GP trainees)	Role: GP Trainee's Public Health Placement Supervisor Institution: UCL, Department of Applied Health Research
2018-2019	Christiana Karashali (MSc student)	Role: MSc Health Psychology placement Supervisor Title: 'Factors associated with Chronic Obstructive Pulmonary Disease (COPD) medication non-adherence: A systematic review' Institution: UCL, Department of Applied Health Research
2018-2019	Melissa Grantham (MSc student)	Role: MSc Dissertation Co-Supervisor (Health Psychology) Title: 'A systematic review on the use of technology-based interventions for promoting self-management of diabetes.' Institution: UCL, Department of Applied Health Research
2018-2019	Verity Hailey (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'A systematic review of behaviour change techniques in physical activity interventions for women breast cancer survivors.' Institution: UCL, Department of Applied Health Research

2015-2019	Ruth Plackett (PhD student)	<p>Role: PhD Tertiary Supervisor</p> <p>Title: ‘The development and evaluation of an online patient simulation training tool to improve the clinical decision-making skills of medical students.’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017-2018	Dheena Rizmie (MSc student)	<p>Role: MSc Dissertation Supervisor (Health Psychology)</p> <p>Title: ‘Is there a relationship between Quality of Life, emotional intelligence, depression and Facebook use?’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017-2018	Robyn Webb (MSc student)	<p>Role: MSc Dissertation Co-Supervisor (Population Health)</p> <p>Title: ‘Evidence in innovation: an exploration of the evidence standards for digital health application adoption in England’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017-2018	Thamina Anjuman (MSc student)	<p>Role: MSc Dissertation Supervisor (Health & Society: Social Epidemiology)</p> <p>Title: ‘Subjective wellbeing measures as predictors of participation in a national colorectal cancer screening programme among men and women aged 60-74 in the UK’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017-2018	Haotong Sun (MSc student)	<p>Role: MSc Dissertation Co-Supervisor (Health & Society: Social Epidemiology)</p> <p>Title: ‘The role of medical students’ clinical reasoning in suspect lung cancer investigation: a vignette-based study’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017	Monika Bidzan, Xin Jie ‘Ashley’ Hoh (MSc students)	<p>Role: Research Internship Supervisor</p> <p>Title: ‘Changing how people think and feel about cancer prevention behaviours: Translating neuroscience into population health’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017	Stephen Grant, James Greenan-Barrett & Tasneem Modan (Medical undergraduate students)	<p>Role: PALS Project Supervisor</p> <p>Title: ‘Developing qualitative research skills to explore clinical reasoning ‘</p> <p>Institution: UCL Medical School PALS (Peer-Assisted Learning Skills) where final year medical students participate in peer-learning.</p>
2017	Yixiao Cao (MSc student)	<p>Role: MSc Health Psychology placement Supervisor</p> <p>Title: ‘Early palliative cancer care: systematic review and meta-analysis’</p> <p>Institution: UCL, Department of Applied Health Research</p>
2017	Aida Bonham (MSc student)	<p>Role: MSc Health Psychology placement Supervisor</p> <p>Title: ‘Factors associated with Chronic Obstructive Pulmonary</p>

		Disease (COPD) medication non-adherence: A systematic review’ Institution: UCL, Department of Applied Health Research
2017	Arianna Lane (BSc student)	Role: BSc Supervisor (Affiliate Psychology Programme) Title: ‘Factors associated with Chronic Obstructive Pulmonary Disease (COPD) medication non-adherence: A systematic review’ Institution: UCL, Department of Applied Health Research
2016-2017	Angel Sze (MSc student)	Role: MSc Dissertation Supervisor (Population Health) Title: ‘Effect of tobacco smoking on Chronic Obstructive Pulmonary Disease: A systematic review’ Institution: UCL, Department of Applied Health Research
2015-2016	Tobias Wingen, Sylvana Mareva, Pietro Marengo, Caroline Vintergaard-Ott, David Thomson, Barbara Schmidt, Victor Estal Munoz (BSc students)	Role: Research Supervisor Title: ‘Ecological Momentary Assessment of University Students’ Health Related Quality of Life Using a Smartphone Application: A Modality Testing’ Institution: Junior Researcher Programme (JRP), a research-oriented service in collaboration with the University of Cambridge where students in different countries are supervised to conduct a year-long project starting with a Summer School (Madrid, July 2015).
2015	Maria Woringer (PhD student)	Role: PhD External Advisor Title: ‘Evaluating the Efficacy and User Perceptions of a Preventive CVD Risk Assessment’ Institution: Imperial College London, Department of Primary Care & Public Health
2015	Andreas Sotiriou, Naomi Tomlinson, Anna Burn-Murdoch (Medical undergraduate students)	Role: PALS Project Supervisor Title: ‘Case of the Month to Develop Clinical Reasoning Skills’ Institution: UCL Medical School PALS (Peer-Assisted Learning Skills) where final year medical students develop a case of the month for Y5 students.

Tutoring and Student Support

2020-21	Kufre Josoph Okop	The African Academy of Sciences Mentoring Scheme ²⁸
2018-19	Jessica Gerard	BSc in Population Health (UCL)
2018-19	Ben Bezuidenhout	MSc in Population Health (UCL)
2018-19	Renee Elias Pereyra	MSc in Social Epidemiology (UCL)
2018-19	Hannah Burrows	MSc in Population Health (UCL)

²⁸ <https://aasciences.sfgmentornet.com/Profile/Profile/1822> The AAS Mentorship Scheme is designed to enable African early career researchers to learn how to articulate their career and life goals, pursue them, and reflect upon their growth and impact.

19. Membership of Societies

Feb 2022 – present	Member of the Cyprus Epidemiology and Public Health Association and the European Public Health Association (EUPHA)
Mar 2014 - present	Member of the International Psycho-Oncology Society (IPOS)
Jun 2012 - present	Member of the European Health Psychology Society (EHPS) and the EHPS - United Nations sub-committee
Jun 2009 - present	Graduate Member of the British Psychological Society - MBPSs (since June 2008) – membership no.: 226562
Oct 2008 - present	Member of the United Kingdom Psychological Trauma Society and the European Society for Traumatic Stress Studies
Nov 2006 - present	Member of Pancyprian Association of Cancer Patients and Friends
Sep 2006 - present	Member of Cyprus Psychologists' Association (and the Committee of Clinical and Health Psychologists)
Mar 2014 – Mar 2015	Member of the Society for Academic Primary Care (SAPC)
May 2013 – May 2014	Member of the British Association for Cancer Research (BACR) and the European Association for Cancer Research (EACR)
Sep 2009 – Sep 2010	Member of the British Psychosocial Oncology Society
Nov 2006 – Nov 2007	Member of Cyprus Anti-Cancer Society
2005-2007	Member of Greek Psychology Students' Association

20. Continuous professional development

October 2024 and February 2025	Training for Erasmus+ evaluators (2 days in October 2024 and 2 days in February 2025, Larnaca, Cyprus). Foundation for the Management of European Lifelong Learning Programmes (IDEP)
Mar 2023	'Introduction to the human factor in patient safety' seminar Kratis Training & Consulting Ltd
Jul 2015 – Jul 2021	UCL Continuous Professional Development (selection of training) <ul style="list-style-type: none">- Disclosing and managing conflicts of interest at UCL (Jul 2021, online)- Harassment prevention workshop (mandatory) (Nov 2018, 0.5 day)- Recruitment, selection and right to work HR Policy briefing (Mar 2018, 0.5 day)- Unconscious bias training to participate in interview panels (Nov 2017, 1 day)- Time for research, take control of your time (Nov 2016, 1 day)- Setting up and supporting a lay panel (Jun 2016, 1 day)

	- Effective Research Student Supervision (May 2016, 1 day)
	- Introduction to Research Student Supervision (Jan 2016, 0.5 day)
May – Sep 2020	<p>Seeding Progress and Resources for the Cancer Community (SPARC) online Master Course on metastatic breast cancer</p> <p>Union for International Cancer Control</p> <p>The learning objectives of the SPARC Master Course are to provide participants with:</p> <ul style="list-style-type: none"> • Technical knowledge related to clinical aspects of metastatic breast cancer • Essential skills to ensure project's success, such as monitoring and evaluation, advocacy and fundraising. <p>There is a total of five modules:</p> <ol style="list-style-type: none"> 1. An overview of core concepts for metastatic and advanced breast cancer 2. Monitoring and evaluation, advocacy and fundraising for MBC projects 3. Locally advanced breast cancer: treating with curative intent 4. Metastatic breast cancer and palliative surgery 5. Supportive and palliative care for advanced breast cancer patients
Nov 2018 – Jun 2019	<p>EDUCATE training programme (7th cohort), selected as project manager of the eCREST project</p> <p>UCL, Institute of Education</p> <p>EDUCATE is a flagship programme for EdTech entrepreneurs promoting excellence and aiming to advance efficacy of EdTech. Training includes research training, a product development workshop, research & business clinics, business model and sustainability workshops and pitching.</p>
Jan 2017	<p>Breaking bad news, course to become a clinical tutor</p> <p>St George's Medical School/University of Nicosia, Cyprus.</p>
Jan 2017	<p>Talking about cancer, online course Certificate in:</p> <p>How to talk about cancer accurately and with the confidence needed to help others make good decisions</p> <p>https://www.futurelearn.com/statements/k0tnqjj</p> <p>Cancer Research UK</p>
Aug 2016	<p>Autumn School 'The use of biomarkers in social science research' (received Scholarship to attend)</p> <p>National Centre for Research Methods (NCRM), Manchester, UK</p>
Dec 2015	<p>Harnessing technology to detect cancer earlier 3-day sandpit workshop, Cancer Research UK in Oxford.</p>
Jan-Apr 2015	<p>Visiting Research Scholarship Training in</p> <ol style="list-style-type: none"> a) Biostatistics (courses in 'Intermediate Biostatistics for Medical Researchers', 'Predictive Modelling', 'Propensity Score Analysis', 'Creating Databases', 'Causal Mediation Analyses', 'Model Selection and Model Building') b) Introduction to Genetics ('The Genomic Era of Medicine', 'From genotype to phenotype', 'Gene mapping')

c) **Grant writing**

d) **Neuroscience Imaging Techniques** ('Connectivity', 'PET', 'NIRS', 'MEG', 'EEG', 'Informatics', 'MRI')

Harvard Medical School & Harvard School of Public Health, Boston, USA

Nov 2013	Certificate in "Good Clinical Practice and Regulatory Requirements for Clinical Trials" , Addenbrooke's Hospital, Cambridge
May 2013	Introduction to Statistics Using STATA (5 CPD credits by the Royal College of Physicians) Statistical Advisory Service (SAS), Imperial College London, UK
Nov 2012	Quality of Life, Symptom Research and Patient Reported Outcomes (PROBE) in Cancer Clinical Trials (received Scholarship to attend) European Organization for Research and Treatment of Cancer (EORTC) Course, Brussels, BELGIUM
Apr 2011	The Brain, Memory and Trauma (3hours) and Compassion-focused for Shame Based Memories in PTSD (3 hours) workshops United Kingdom Psychological Trauma Society (UKPTS) Conference, Oxford, UK
Oct 2010	CPD Programme in Paediatric Neuropsychology: Introduction to Developmental Cognitive Neuroscience UCL Institute of Child Health, London, UK
Nov 2009	Quality of Life, Symptom Research and Patient Reported Outcomes (PROBE) in Cancer Clinical Trials (received Scholarship to attend) European Organization for Research and Treatment of Cancer (EORTC) Course, Brussels, BELGIUM
Jun 2009	Quality of Life Assessment in Cancer Clinical Research and Clinical Practice ; International Psycho-Oncology Society (IPOS) Psychosocial Academy (IPOS Conference 2009 workshop), Vienna, AUSTRIA
Mar 2009	The evolution of Psychological Trauma Treatment: a 100 years perspective ; United Kingdom Psychological Trauma Society (UKPTS) two days training, Edinburgh, SCOTLAND
Nov 2006-Mar 2007	Introduction to Psychological Evaluation Open Psychotherapeutic Centre of Athens, GREECE
Dec 2006	Counselling Skills Workshop City University, London, UK
Jul 2006	"Family interventions following a child's death" , "Feed forward First, feedback later" and "Neuropsychological rehabilitation for people with non-progressive brain injury" workshops (5 days) 26 th International Congress of Applied Psychology, Athens, GREECE
May 2006	"Athena Test" for Learning Disabilities Certificate, University of Athens
Sep 2005-Jun	Personal Development and Social Skills Workshop

2006 Psychotherapeutic Centre of Piraeus, GREECE

Sep 2005-Jun 2006 **Introduction to Psycho Educational Approaches – II**
Psychotherapeutic Centre of Piraeus, GREECE

21. Languages

- Mother Language: Greek
- Fluent in English (TOEFL – December 2006 Score: 104/120, GCE – June 1999 Grade: A)

22. Other skills

- Excellent knowledge of Microsoft Office (Word, Excel, Power Point, Access etc).
- Excellent knowledge of statistical analysis software (SPSS, STATA).
- Excellent knowledge of qualitative data analysis software (NVivo).
- Trained at Data Col software system at WHO, Geneva (May 2012).

References available upon request